A SAIPAN TRIBUNE ADVERTISING SUPPLEMENT 20 DECEMBER 2019



SALE UP TO 50% OFF

BURBERRY COACH Jahatone Ferraganno- FENDI LOEWE BALLY EMPORIO FARMANI POLO & RALPH LAUREN MICHAEL KORS WESANT/AURENT

* Some brand exclusions apply. See store for details.

BEACH ROAD, GARAPAN, SAIPAN MP 96950 +1 670 233 6602 | Open daily 10:30am to 10:30pm TGALLERIA.COM



justine_nauta@saipantribune.com REPORTER

Don't go broke impressing your loved one, family member, or friend this Christmas. Be smart about your spending and stretch that dollar for your Christmas shopping.

Here are several shops and department stores in the CNMI that offer big sales and discounts so you can breathe through the holidays without worrying about breaking the bank!

McDonald's

For people who love fastfood, Mcdonald's Arch Card is the perfect gift for you, your family, friends, or loved one. Get a free coupon for a six-piece chicken nugget with a purchase of a McDonald's Arch Card worth \$25. Call (670) 235-8761 for more informa-See HAPPY on Next Page



HAPPY

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tion. Limited time offer.

T Galleria

This year, the T Galleria in Garapan is having a sale of up to 50% off on brands like Burberry, Coach, Salvatore Ferragamo, Fendi, Loewe, Bally, Emporio Armani, Polo Ralph Lauren, Michael Kors, and Yves Saint Laurent. Some brand exclusions apply. See store for details. DFST Galleria is open daily from 10:30am to 10:30pm. For more information call (670) 234-6602.

Dial Rent-to-Own

Shop at Dial Rent-to-Own on Middle Road or Chalan Kanoa to see how affordable Christmas shopping can be. Get a 75" Thing TV for as low as \$25.95 per week or a 45"-65" Smart TV starting at \$9.95 per week. Thinking about getting a new phone but don't have the budget for it? Don't worry, Dial Rent-to-Own's got your back! Get the iPhone X for only \$24.95 per week, Samsung Note 9 for as low as \$19.95 per week, or the Samsung S9 for as low as \$17.95 per week. For gamers, Dial Rent-to-Own is offering the IBuyPower Arc for as low as \$27.95 per week, the Nitro 5 Gaming Laptop for as low as \$21.95 per week, the PS4 Pro for as low as \$10.95 per week, XBox Fortnite bundle for as low as \$9.95 per week, or the Nintendo Switch for as low as \$20.95 per week. Ring in the new school semester with the MacBook Air for as low as \$25.95 per week. Now, we all know a party isn't a party without good music and good speakers. Dial Rent-to-Own is offering the Bag of Riddim speakers for as low as \$9.95 per week and the Thunder 15 speaker for as low as \$9.95. For more information call (670) 234-7368 (Middle Road branch) or (670)234-3425 (Chalan Kanoa branch)

Midea Electric

Midea Electric, located in Chalan Kanoa across the U.S. Post Office, is having a holiday promotion sale. Get electronics and home appliances such as aircons, Smart TVs from 35" to 55", freezers, refrigerators, washers, water dispensers, LED lights, Christmas lights, solar lights, faucets, speakers and so much more for 5%-15% off. For more information call (670)234-0680 or (670)285-0680.

Sherwood

Sherwood Home and Car Audio, located across Hopwood Jr. Middle School in Chalan Piao, is having a holiday sale just in time for Christmas. Get a Daewoo refrigerator 12.8 cubic feet for only \$559.99. Get a washing machine for only \$399.99. Beat the heat with Daewoo' 5,000 BTU aircon for only \$161.99 and 8,000 BTU for only \$249.99. Get Smart TVs from a 32" to 65" with a price range from \$259.99 to \$1,259. Go back to school with a new laptop, get 10% off on all HP Lenovo laptop models. A party isn't complete without karaoke, so get the Magic Sing Karaoke set at 10% off of \$269 or the Bluetooth karaoke for only \$62.99. Get 10%-15% off of all the Bluetooth powered speakers. Get 10%-25% off on Sony's portable speakers, ranging from \$299.99 to \$539.99. Turn your regular TV speakers into a movie theatre with the Supersonic sound bar for 15% off on all models or the Sony soundbar for 10% off on all models. Tired of your car's stock speakers or stereo? Get 15% off on all car ste-

Triple J Payless Superfresh and Truckload Store

kncorp7@hotmail.com.

reos and amplifier subwoofer

models. For more information

call (670)235-1470 or email

Drop by to Triple J's Payless Superfresh and Truckload Store in Chalan Kanoa for their Christmas sales! Get the Vizio 55" HDTV for only \$399.95, ATYME 32" LED HDTV for only \$139.95, or the Konchris 55" 4K TV for only \$349.95 or 49" 4K TV for only \$299.95. Get 75% off on all Christmas decorations. For bikers or parents wanting to get their kid(s) their first bike, Triple J is offering 20% off on all bicycles, some assembly required. Already got a bike for your kid? Why not get them their first car! Get 15% off on all Yiwu 110-volt children ride on vehicles. Get 10% off on all Billboard and Blaupunkt party speakers. Get futons, pillows, keyboards, kitchen appliances, home appliances, hardware, coolers, dog food, sportspower adventure 11-9 play swing set and more, price ranging from \$6.95-\$329.95. Triple J's Payless Superfresh and Truckload Store also offers Certified Angus Beef, whole chicken and smoked ham, price ranging from \$1.49 per lb to \$13.49 per lb. Get the freshest produce such as broccoli, onions, bell peppers and many more for as low as .79¢ per lb to \$1.79 per lbs. Come in to see how you can shop, earn, and save with Payless Superfresh and Truckload Store Rewards Plus card for free! Major credit cards are accepted. Store hours are from Sunday to Saturday from 8am to 9pm. Closed on Christmas Day, Dec. 25.

For more information call (670)322-0430.

Town House

Town house, located in Chalan Kanoa, is celebrating the holidays with 20% off on all mattresses, decor, Yamaha items, and living room sets and 25% off on all knockdown items, kitchen sets and appliances. Get home furniture such as recliner chairs, couches, cabinets, and many more for as low as \$49 to \$599. Get electronics such as keyboards, guitars, and speakers for as low as \$119 to \$1,199. Get kitchen appliances such as washers, ovens, refrigerators and more

for as low as \$499 to \$1,299. Free delivery and assembly for purchases worth \$1,000 or more. Interest-free financing up to 12 months on approved credit. Sales is from Dec. 20 to Dec. 22 and Dec. 24, 2019. Store hours on Tuesday-Friday from 12pm to 7pm and Saturday-Sunday from 11am to 7pm. For more information call (670)235-6356.

Docomo

Merry Christmas from Docomo Pacific, located on Middle Road. Subscribe to NOW Family plans and receive \$200 off each additional phone for up See HAPPY on Next Page





HAPPY

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to three phones this holiday. Offers require a minimum of two lines when subscribing to the NOW Family Plans and Installment Program. Offers valid until Jan. 5, 2020, or while supplies last. Some conditions apply. Stores hours are from Monday to Saturday from 9am to 6pm. Closed on Sundays. For more information call (670)488-2273.

IT&E

Have you been good this year? If so, visit IT&E at either Middle Road Chalan Laolao or Garapan, to treat yourself to the newest iPhone 11 for as low as \$99, iPhone 11 Pro for as low as \$199, and the iPhone 11 Pro Max for as low as \$299. IT&E is also offering unlimited everything for prepaid users. Get an extra day of Super Unlimited for free when you sign up for the Unlimited Daily Plan for three days. Unlimited Daily Plans include 4G LTE data, local talk, text and long distance to the United States. Offer valid from now until Dec. 31, 2019. Terms and conditions apply. See stores or visit www.ite.net for details. Chalan Laolao store hours are Monday-Saturday from 9am to 5pm and Garapan hours are Monday-Friday from 9am to 5pm.

Girl Talk

Girl Talk, the boutique made for tween girls, is having a sale of 10%-15% off on girls and junior dresses, blouses, jumpers, pants and much more from Dec. 20 to Dec. 24.

Girl Talk, located on Micro Beach Road in Garapan and targets girls from ages 8-12, is open Monday-Saturday from 11am to 7pm and on Sundays from 11am to 5pm. For more information call (670)233-8050.

Lollipops

This holiday, Lollipops on Beach Road in Garapan is offering a variety of affordable toys and clothes for those who are on a tight budget or shopping for many children. Lollipops is having a sale, with discounts of 10%, 20%, and 50% on toys and clothing from Dec. 20 to Dec 24. Their special Christmas holiday hours are Friday to Saturday (9am to 8pm); Sunday (10am to 6pm); Monday (9am to 9pm) and Tuesday (9am to 10pm). For more information call (670)234-8040.

Mobil

The holidays are for family, friends, or just you and your loved one and that means going around the island to attend different events. But See HAPPY on Next Page

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¹Terms and conditions apply. Offer valid from 11/29/19 to 12/31/19. To receive 1 day of unlimited 4G LTE data, local talk and text and long distance calls to the US, full \$7.50 will be collected upon subscription of 3 days of prepaid unlimited daily plan. USF & E911 fees apply. See stores or visit www.ite.net for details.

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what's something that gives you the same amount of joy other than receiving food or spending time with people you care about? A full tank of gas! This Christmas Mobil is offering prepaid gift cards of \$25 for you, your family, friends, or loved one. Only cash payments will be accepted for the purchase of the \$25 Mobil prepaid gift cards. For more information go to fuels.mobil.mp.

PHI Pharmacy

PHI Pharmacy, at the Joeten Dandan Center, is having a sale from Dec. 9 to Dec. 28 for supplements, vitamins, and sports nutritional products for 35% off. All overthe-counter items are 25% off; and 50% off on selected items. They're open on Monday-Friday from 8am to 6pm and Saturday-Sunday from 8am to 4pm. For more information call (670)323-5000/01 or (670)235-6170/74.

Vietnam Home Gallery

Shop for house plants, fine ceramics, and more from Southeast Asia that are offered at Vietnam Home Gallery located in China Town. Store hours: Monday to Friday from 1pm to 7pm and Saturday to Sunday from 8am to 6pm. For more information call (670)234-7687 or (670)285-7687.

Saipan Vegas

Merry Christmas from Saipan Vegas on Middle Road! Saipan Vegas has a promo for a local staycation which includes local room rates starting from \$35 a night with free WiFi and cable TV, plus a check-in complimentary champagne, beer or wine at the new Bamboo Bar. Those who check in at any of the \$35 room will get a \$20 free play voucher; there is a \$25 free play voucher for \$45 room. Free round of golf at the Saipan Country Club each day, a complimentary coffee and donut at Winchells each day and a welcome gift, Tshirt, or cap on arrival. Promo period starts from Dec. 19 to Jan 19, 2020.

Alamo, Enterprise, and National Rent-A-Car

Alamo, Enterprises, and National Rent-A-Car is having a promo on their cars from now until Dec. 31. Get a Toyota Yaris for as low as \$29.95 per day. Toyota Corolla is only \$34.95 per day. Nissan Rogue is only \$44.95 per day. Toyota Sienna is only \$74.95 per day. You're just in luck because they have a weekend special for their yellow Chevy Camaro for as low as \$69.95 per day.



Buy 100% made in Saipan this

By BEA CABRERA beacabrerasaipan@gmail.com CORRESPONDENT

The tag "Made in the Northern Mariana Islands" used to be a coveted title that was affixed to many of the clothes that were made in the Commonwealth during the garment factory years of the late '80s and early '90s and

shipped to the United States. These days, with the factories now all gone, that tag has become a byword among local artists, who create art pieces borne out of passion and hard-won skills, and whose products make great souvenirs for the islands' many tourists and even residents.

This holiday season, give our CNMI artists the attention they deserve by giving gifts and souvenirs that are 100% made in the CNMI. These people carry with them the passion, talent and ingenuity to make the CNMI community a better place to live in, which is why local support is warranted.

Handmade

"A lot of people are starting to appreciate something that is handmade now," said one of the CNMI's more prolific artists, Greg Elliot, whose hobby revolves around art. "Handmade is a trending idea, especially when there is a globalization of products. Getting something that is handmade in your community...is what people look for....I want people who buy my art to feel that they got something unique from Saipan," he said. Elliot, who grew up in Los

Angeles, started painting watercolor in high school. "It was in college where I actually really took off with art. I had great teachers and was into watercolors for 15 years until 10 years ago, I transitioned more into acrylics and oils," he said.

One will never miss Elliot's art as it is colorful and is always bright and interesting. See CHRISTMAS on Next Page



Greg Elliot

BEA CABRERA



Tanya Salas





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"I've been getting into acrylic pouring techniques where I pour paint and then doing realism on top of the pours... building the two together."

Elliot has been a resident of Saipan for 16 years now and worked as a resident artist for DFS Galleria for 10 years. "Much of my work has tropical themes. Now I'm combining tropical scenes with fantasy. When I got here I just started hitting the pavement and trying to get my art in different stores and, luckily, DFS opened right away. They liked my stuff and they set me up with a gallery area for 10 years and sold a lot of paintings," he said.

These days, Elliot does a lot of gift-type sizes—4"x4" original pieces—"so I am doing little canvas paintings that are small, easy to take home, great for gifts and affordable, which I think the market needs right now. ...I have endless ideas and a sketchbook full of ideas and always coming up with new concepts. I really like to combine what I see from different places and creating something original and new,' he added.

More of Elliot's original paintings in bigger pieces, prints, and apparels can be seen on www.windmonk. com. With the goal to promote art even more, Elliot will open an art class on Jan. 7, 2020—an after-school program for children ages 6 to 12. It is free on the first day and \$22 a class thereafter. It has 100 slots available and classes will be held at the

Unique items Tanya Salas, owner of Tahine's

Creations and Tahine's TV productions, grew up in a family of weavers and carvers in Pohnpei.

Saipan International School.

"I watched my aunties and uncles make things....I grew up around weaving, carving, and creating things, so I try to make something too as a hobby. ... I made things for myself like earrings and necklaces and friends complimented the pieces and, orders started pouring in," she said.

With Tahine's Creations, Salas makes handicrafts, design handmade jewelry made of shells and natural materials, and ornaments for occasions or holidays.

"I also make baskets...the natural materials I get from my homeland of Pohnpei.Making every piece takes time but, in the end, the quality is good and every piece is one-of-a-kind," she said.

Salas said that when people support local artists, they also support the growth of the community. "People have to support their own locallymade products as they are from natural resources. ... Artists give their time and resources to make one piece."

"When I see customers wear my work, it makes me feel happy and satisfied. ... Every piece promotes my island culture that I am proud of," she added.

'Share what I see'

Photographer Pangshuhsu, who really prefers to be called that, has been enjoying so much of what the CNMI has to offer in terms of beautiful



images that, pretty soon, he has accumulated gigabytes of pictures. "And I figured I better to do something with that," he said.

Whenever he is out on weekends, he does underwater photography while diving or take photos while driving around.

"I figured out a way to represent the island in semi-abstract ways and...share what I see, put it in a canvas so that people can take home something from the island that is easy to put on the wall. Anything that happens after that is a gift or a bonus," he added. According to Pangshushu,

a protest against the selfie culture. "Most of my photographs have no people represented in them or very little. It is always about nature or animals," he said.

Elliot, Salas and Pangshushu's arts are available at the Marianas Creations pub and restaurant located along Micro Beach Road in Garapan. MC owner Elena Chhetri said that they welcome more local products to be featured at Marianas Creations. "We are open to any type of products that are made in the Marianas by any producer who is in the Marianas. ... We are here to offer





One-stop shops around Saipan

By BEA CABRERA beacabrerasaipan@gmail.com CORRESPONDENT



ind great value, gifts under \$50 and save a lot of time shopping for Christmas gifts for family members and friends. Finding everything you need in one roof cuts off the stress and helps you relax more during the holidays.

Here's a guide on where to go around town

and get every dollar well spent.

Help mom look fabulous

Especially inspired by the Christmas season, Pena House Boutique in San Antonio carries new products and items that will surely be a special gift for mom.

Pena House Boutique sales representative Mijana Isabel B. Malabayabas said that they usually amp up their collection this time of the year with blouses and dresses that will help



Pena House Boutique in San Antonio has items below \$50, Bamboo Shoes for only \$38, ladies watch for only \$25, a necklace for only \$28, Le Terre Fashion purse for only \$48, LA Girl eyeshadow for only \$18, and Magazine Red Top for only \$48.

BEA CABRERA

women shine when they attend Christmas cocktails, get-togethers and dinners.

"We pair these dresses with our pretty shoes, bags, and purses. ...We carry all lines, from casual wear to formal and non-formal events and wedding dresses for brides," she said.

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For more information, call (670) 235-7270 or look up Pena House Saipan Boutique and Salon on FaceBook and Instagram. "We have many items that will suits everybody's budget as we make it affordable for everybody. Our customers are assured of quality and we offer a wide range of items," she added.

Even for make-up, Pena House Boutique has face foundations "that you [usually] buy in drugstores and some high-end [products] like Kylie, Anastacia, Laura Mercier, for people who want to invest in make-up." Pena House Boutique is open Mondays to Saturdays, from

1pm to 7pm, and Sundays from 1pm to 6pm. On Dec. 24, they are open from 10am to 7pm to cater to last-

minute Christmas shoppers. For more information, call (670) 235-7270 or look up Pena

House Saipan Boutique and Salon on FaceBook and Instagram.

Go on an adventure with dad



Fishing Tackle & Sporting Goods items that cost below \$50 include a dive mask for only \$45, Under Armour short for only \$29, a rechargeable fan for only \$29.99, a professional flashlight for diving for only \$39.99, 50% off on Octopus skirts, and a soccer ball for only \$29.95. BEA CABRERA

Fishing Tackle & Sporting Goods in Chalan Piao is ahead of the game as they started giving discounts on their items since Thanksgiving, said service representative and technician Jorge Bartolata.

"We currently give 10% discount on all items. But we also have items that go for as low as \$3 and some items that are

For more information, call (670)234-6320

50% off," he said. The store started giving discounts last Thanksgiving, then on to Black Friday, this Christmas season, which

will run until New Year's Day.

"We are definitely a one-stop shop for dads, uncles, and brothers who are into sports and adventure such as fishing, airsoft/airgun, scuba diving, free diving, hiking, sports like soccer paddling and many others," he added.

Fishing Tackle & Sporting Goods is open Monday to Saturday, from 9:30am to 6:30pm and Sundays from 10am to 3pm. For more information, call (670)234-6320

For the daughter that brightens up your day

Kiki's on Middle Road is never amiss when it comes to style and trends. For the holidays, it has e a holiday table that fea-*Continued on Next Page* tures Starbucks mugs and tumblers that you cannot find anywhere else on the islands.

"Aside from our usual apparels, we added sequined dresses for evening wear and active wear, including sports bras and matching leggings. Customers can expect our usual array of accessories, luxury make-up and reusable straws," shop owner Maki Ta said.

Kiki's is where people can go and find everything. If not



Kiki's items below \$50: Sneakers for only \$32.90, glitter eyeshadow for only &8.90 each, Kiki's lashes that come in six different styles for only \$15.90, Bath & Body cream for only \$15.90, Bath & Body Fragrance for only \$18.90, three-wick candles for only \$24 and make-up for only \$16.

something to wear, perhaps something to buy as a gift. The best part is that almost everything in the store cost below \$50. "Everything here is affordable and cute for women of all ages

and we try to bring in new things as often as we can. We are

For more information, call (670) 23506355 and find it on Facebook, Instagram, and Twitter by typing @ thisiskikis. looking forward to bringing in more new things in the coming year," she said. Kiki's is open Tuesday to Saturday, from 11am to 7pm. On Dec. 24, it will be open from 11am to 6pm. For more information, call

(670) 23506355 and find it on Facebook, Instagram, and Twitter by typing @thisiskikis.

'Be the man you are meant to be, son'

The Pacific Supply on Middle Road, or TPS in modern lingo, promotes island-style living and easy clothes for your son, nephew, grandson, and friend. According to office manager Raquel Borja-Aguon, people have been frequenting the shop since the Christmas season kicked off.



The Pacific Supply items below \$50: Caps for only \$35, dri-fit shirts for only \$25 each, pouch for only \$40, TPS phone case for only \$20, TPS sticker pack for only \$12, wristband for only \$5, and car decal for only \$20.

"Some people come to look and see what options they have and some come for Christmas shopping. We are ready for the holidays. For example, our Undeniable brand re-

For more information, look up The Pacific Supply on Facebook, Instagram, and Twitter.

cently dropped new items. We also have jerseys and tank tops, in addition to the other shirts we have on stock."

Borja-Aguon said that TPS shirts cost only \$25 and they

even have a sale rack that carries shirts for only \$22 from the previous season.

"One of our newest items is the a car decal with 3M adhesive in the back so you can basically put it on anything but we are hoping people will put it in their cars," she added.

TPS is open Tuesday to Saturday from 11am to 7pm. On Dec. 24, it will be open from 11am to 6pm. For more information, look up The Pacific Supply on Facebook, Instagram, and Twitter.

'Children's laughter reminds us how we used to be'

For toys and clothes for boys and girls, Lollipops in Garapan is the place to be. Sales associate Charlotte Castro said that they are extra busy because of the holidays but are loving it. "Today, Friday, we kick off our combo sale of all toys and clothing, where customers can enjoy 10- to 20% discounts."

Lollipops is open Monday to Saturday from 9am to

8pm and on Sunday from 10am to 6pm. On Dec. 24,

they are open until 11pm for last-minute shoppers. For

more information, call (670) 234-8040 or look it up on

For more information, call (670) 234-8040 or look it up on FaceBook: Lollipops

FaceBook: Lollipops

she added.

"Here at Lollipops, you will always find a gift. You can never walk out emptyhanded and, if you feel some sort of doubt, we are here to help you,"



Enjoy the combo sale at Lollipops starting today and get 10% to 20% off on toys and clothing. BEA CABRERA



N I S

Buying gifts for the office? Here are some tips

By CHARISSE JONES USA TODAY

Many workers feel the prospect of buying presents for their colleagues adds yet another layer of pressure to an already stressful season.

A lot of the tension stems from not knowing what to buy. Giving an inappropriate gift to a colleague or boss could lead to more severe consequences. Horror stories

Horror stories abound. Philippe Weiss, president of the workplace legal compliance consultancy Seyfarth at Work, says he heard about one manager who gave his sales team bamboo toothbrushes. The recipients interpreted the gift as a dig at their oral hygiene.

An employee at another company put her job in peril when she gifted her boss with a book on how to be a better manager.

To avoid such faux pas, it makes sense for companies to put a gift policy in place so employees know what is and isn't acceptable. If your workplace doesn't set parameters, here are some tips Weiss says you might want to keep in mind.

■ Don't buy gifts that can be deemed too intimate. Anything worn close to the body, from clothes to perfume, should be avoided, along with invites on excursions—such as a wine tasting—that could be seen as more romantic than collegial.

Don't shop for the boss. It might be tempting to deliver a little extra holiday cheer to your managers, but generally speaking, they probably shouldn't accept. It's best to not put them in a position to have to say, "Thanks, but no thanks."

■ Don't make everyone

chip In for a group gift. When people are spending on everything from decorations to extra towels for visiting relatives, it's a good idea to allow members of your team to make their own decision on whether to contribute to the pot.

 Don't give cash. That, and even gift cards, could be taxed as income, Weiss says.
Do encourage "Secret Santa." Let employees who want to participate pick names randomly. Then come up with gift suggestions, and set a budget so no one breaks the bank.

■ Do split the bounty. If a client sends over a giant plate of cookies or other treat, share it with your office mates. Don't forget to include the mailroom and maintenance staff.

■ Do consider giving to the community. Instead of having employees pick out picture frames and candles for their peers, why not donate as an office to a cause?



By JUSTINE NAUTA saipantribune.com justine naut REPORTER

This holiday season, why stress out about what to cook for your family or friends when you can have all your favorite meals at the best hotels and restaurants around Saipan?

Celebrate the Christmas Eve at Hyatt Regency Saipan with your family, friends, and loved one on Dec. 24 at Kili Café & Terrace for only \$65 per person and \$45 for Club at the Hyatt members from 6pm to 9pm.

Enjoy your favorite Japanese cuisine at Miyako from 6pm to 9pm for only \$65 per person and \$45 for Club at the Hyatt members.

Or have dinner with a show at Teppanyaki from 6pm to 9pm for only \$120 per person. (Club at the Hvatt members are welcome). As an added special offer, you can indulge in the free-flowing beverage package for only \$12 per person for two hours., with a selections of house wines, beer, soda, and iced tea. Have a wonderful Christmas Day brunch on Dec. 25 from 10:30am through 2pm for only \$65 per person and \$45 for Club at the Hyatt members.

Continue celebrating Christmas Day on Dec. 25 at Kili Café and Terrace from 6pm to 9pm for only \$65 per person and \$45 per person for Club at the Hyatt members.

Have a merry Merry Christmas at Miyako from 6pm to 9pm for only \$48 per person. (Club at the Hyatt members are welcome).

Get romantic and celebrate Christmas Day at Giovanni's from 6pm to 9pm for only \$85 per person and

HOLIDAY DINING 'Tis the season for \$55 per person for Club at the Hyatt members. As an added special offer, you can indulge in the free-flowing

beverage package for only \$12 per person for two hours, with a selections of house wines, beer, soda, and

Have your food cooked right in front of you at the Teppanyaki from 6pm to 9pm for only \$120 per person. (Club at the Hyatt members are welcome). As an added special offer, you can indulge in a free-flowing beverage package for only \$12 per person for two hours with a selection of house wines, beer, soda, and iced tea.

iced tea.

The New Year's Eve dinner on Dec 31 from 6pm to 9pm is always unforgettable. Celebrate at Kili Café & Terrace for only \$120 per person. Club at the Hyatt member are welcome. Indulge in a beverage package for only \$12 per person for two hours.

Indulge in authentic Japanese cuisine at Miyako for only \$65 per person and \$45 per person for Club at the Hyatt members. Dinner also includes sparkling wine, selected beer, draft Chuhai and green tea.

Celebrate at Giovanni's for only \$55 per person and \$45 per person for Club at the Hyatt members. Get the beverage package for only \$12 per person for two hours.

Be amazed by the teppanyaki chefs at the Teppanyaki for only \$120 per person. Add a beverage package for only \$12 per person for two hours. Club at the Hyatt members are welcome.

The New Year's Day brunch at Kili Café and Terrace is not to be missed for only \$65 per person and \$45 per person for Club at the Hyatt members or go to Miyako for only \$65 per person and \$45 per person for Club at the Hyatt members. The Miyako Brunch includes free-flowing beer,

sake, and green tea. Reservations are highly recommended. For more information call (67) 322-1234 ext. 26.

Join GrandVrio Resort for a Christmas Eve dinner at the Tropical Restaurant on Dec. 24 from 5:30pm to 9pm for only \$40 per adult. Have a Christmas Day brunch and dinner on Dec. 25 from 11am to 2pm for only \$34 per adult and from 5:30pm to 9pm for only \$40 per adult. For more information, reservations or inquiries call (670)237-2527. Local price available for dinner only.

Bring your loved ones to Aqua Resort Club. On Dec. 24 have a special Christmas Eve dinner at the Costa Terrace Restaurant for only \$42 per person and only \$21 per child from 6pm to 9pm. On Dec. 25 have a very special Christmas Day champagne brunch for only \$42 per person and \$21 per child from 11am to 2pm. Kevin's Prime Rib and Seafood offers two meal sets: Set A is only \$70 per adult and Set B is \$60 per adult on Dec. 24 and Dec. 25 from 6pm to 10pm.

Have dinner with a show and a view on Dec. 25 at the Sunset Beach BBQ from 6pm to 9pm. Menu options may vary.

For reservations or more information call (670)322-1234. A 20% advance deposit is required for reservations of 10+ quests.

Join Kanoa Resort Saipan for not only a special meal but also memories you won't forget on Christmas Eve on Dec. 24 at Isla Cafe for only \$35 per adult and \$15 per child (4 to 11 years old) from 6pm to 10pm.

Have brunch at Isla Cafe on Christmas Day, Dec. 25, and New Year's Day, Jan. 1, from 11am to 2pm, for only \$35 per adult and \$15 per child (4 to 11 years old). All offerings come with unlimited sparkling wine.

Celebrate with Pacific Islands Club on Dec. 31 at 9pm with their New Year's Eve countdown party at the PIC Beachfront for local guests for only \$25 per adult and \$5 per child. For other hotel guests, it is only \$40 per adult and \$10 per child. All night entertainment, champagne toast, raffles, and fireworks! Enjoy unlimited beverages from 9pm to 12am. Special variety of international cuisines will be available for sale all night. **Entertainment includes Saipan Music** and Dance Studio, PIC Bands, S.E.A Clubmates and cultural dance featuring performances from special guest R-Funkist and Ulala Session. Tickets will also be available at the PIC front

See SEASON on Page 24



Celebrate the holidays with us this year with various delicious options at Costa Terrace Restaurant's Buffet, Kevin's -The Prime Rib & Seafood, or our Sunset Beach BBQ Dinner Show!



Please call us at (670) 322-1234 for **Reservations & More Information!**

> 20% Advance Deposit Required for Reservations of 10+ Guests.

Terrace Restaurant

Special Christmas Eve **Dinner Buffet** December 24, 2019 6:00pm - 9:00pm \$42.00/adult \$21.00/child *\$38.00/adult *\$19.00/child

Special Christmas Day

Champagne Brunch December 25, 2019 11:00am - 2:00pm \$42.00/adult \$21.00/child *\$38.00/adult *\$19.00/child The Prime Rib & Seafood

> **Christmas Eve Special Set Menu** December 24, 2019 6:00pm - 10:00pm Set A - \$70.00/adult Set B - \$60.00 /adult

Christmas Day

Special Set Menu December 25, 2019 6:00pm - 10:00pm Set A \$70.00/adult Set B \$60.00/adult



Christmas Day Sunset BBQ Dinner Show December 25, 2019 6:00pm - 9:00pm Alana'ia Polynesian Show Menu Options Vary

Stay in shape this holiday season

By BEA CABRERA eacabrerasaipan@gmail.com

CORRESPONDENT

Christmas season is a time to indulge. Eat. Be merry. Repeat.

To stay in shape is a big

done, according to Dr. Daniel Chase, who is a former U.S. Marine and is currently Latte Built Gym's director for fitness.

"The food we eat here

challenge but it can still be generally is very healthy as long as it is wholesome food and not the processed foods and fast food. We have fish, meats, rice, and fresh vegetables. The problem really lies in taking it in abundance

then the sedentary action afterwards," he said. "If you look at the diet here,

it is actually really good minus all the processed stuff. Remove the processed stuff and get a little more active, drink more water and you will be amazed with the results that you get," he added.



LOCAL PRICE AVAILABLE FOR DINNER ONLY

For reservation or inquiry, please call: 670-237-2527

GRANDVRIO RESORT

food cravings that the body feels and calls it "natural evolution."

"Through sight and smell, your body recognizes certain elements that are enriched and these elements make your body crave," he said.

'Satisfy your craving, do not indulge in it'

Chase

"Eat and drink in moderation. Instead of eating the whole pie, eat half of a slice. When at a bakery, don't buy the whole cake, buy a slice of the cake and take one or two bites then put it in a togo bag. Eat it for the next two or three days, which is more sensible and that's why I say, it is not necessarily the food but the abundance of it," he added.

Little trick

Before you go to a buffet or a gathering where there will be lots of food, drink three to four glasses of water.

"Your stomach is like a bucket and, if it is half full of water, how much food can you put in there? The water also helps digest.

"As for what you put in your plate, get no more than one scoop per item and no more than three or four items

Chase understands the in one plate," Chase said. For alcoholic drinks, he rec-

ommends having a serving of alcohol and then

drinking one glass of water. Chase said this

is a must for digestion and rehydration "because alcohol will actually dehydrate you and then your body

doesn't process the food properly and stores more of it as fat. The faster you get alcohol out of your system, the faster your body will break down food. How to take alcohol out of your system? Time and hydration."

'The sedentary life...'

"The average American cannot complete a one mile run, 24 situps, 10 pushups, and one pull up. Do you want to be average? ... What I tell a lot of clients in the United States is to go adopt a dog, especially if they are single, because that's going to get you out of the house and be active," Chase said.

"If you are going to be with family this Christmas, there is no excuse for not being active. Families that play together stay together. Plan family trips, outings, events, an activity—soccer, do rugby volleyball as a sport," Chase added.





By BEA CABRERA beacabrerasaipan@gmail.com CORRESPONDENT

The CNMI is a basin for people of different backgrounds who make the holidays on the islands extra special. Residents reconnect with their culture and traditions in a place where everyone makes joyful medley of revelries—all united in celebrating the spirit of Christmas.

Franicia Borja, who is born and raised on Saipan, has fond memories of how her family spends Christmas time. "We usually gather at my grandmother's house on the eve of Christmas. All families would bring gifts and food for potluck and, when that happens, I know it will be a night of conversations, catching up, fun, laughter and overall just a memorable day. Later on, we will open up presents and the night continues."





Mili Chaves De Saiki celebrates her Peruvian roots during the holidays, starting with planting grass on Dec. 1. "We plant grass in a can and water it everyday. By the 20th, it will be strong and tall and we use it to decorate the nativity on our Christmas tree. We also write letters to Niño Jesus (Baby Jesus) to ask for presents, bake cookies every night and have fun decorating them. ...On Christmas eve, my family and cousins share dinner, exchange gifts and go together to the misa de gallo (midnight Mass). On Christmas Day, we all visit our grandmother for more presents and a big lunch that includes turkey, asado, salads and lots of wine."

Kanoa Resort

Saipan



Marissa Castro celebrates Christmas with her family here with a hint of how she did it while growing up in the Philippines. "On Christmas Day we go to Mass first thing in the morning. As Christmas is all about family, we have lunch at my children's favorite restaurant, go malling for some more family bonding and then we go home to open gifts."



lan Lau lau said the whole family is together on Christmas Day. "We eat out if we can and then we spend time in the house with other family members. Sometimes we plan exchange gifts too, but sometimes we are not complete so we do other things. Christmas is about family bonding in the living room, relaxing and talking. I want to continue this tradition when I have my own family, just even big-

Alexa Go of Cha-

ger where I would be like throwing parties for Christmas, mostly for families."

See CHRISTMAS on Next Page

Join us this Holiday Season to enjoy a special meal with family and friends. Our team has specially prepared a host of exciting menus. All offerings include free flowing sparkling wine.

> \$35.00 per ADULT \$15.00 per CHILD (4 to 11 yrs. old)

Christmas Eve Dinner December 24, 2019 6pm-10pm

Christmas Day Brunch December 25, 2019 11am-2pm

New Years Day Brunch January 01, 2020 11am-2pm

For Reservations please call

(670) 234-6601 Ext. 742/743 Leisure•Comfort•Kanoa• Like/Follow us on 🚮 *Resident discount applies with valid CNMI ID

CHRISTMAS

From Page 23



Kuen-Hee Han says that the strongest Christmas tradition that she remembers about Koreans is they buy Christmas cakes and light it. "There was a fancy bakery in my building and they told me that it is during Christmas that they see a high record for cake sales. My daughter and I celebrate Christmas here by making traditional butter cookies laced with almond extract and orange essence. We also watch White Christmas every year."



"Merikurisumasu" is how Japanese people say their greetings this holiday and, according to Kimiko McKagan, who was born in Kyoto, not many Japanese are Christians but they still have fun on Christmas eve. "My family used to eat chicken [and] Christmas cake at dinner. When we were young, my sister, brother and I refused to go to sleep because we wanted

to meet Santa Clause and, of course, we always failed (laughts). But Christmas Day morning was always the best because we always find gifts next to out futons."

lessica Carlson has warm memories of Christmas time in her hometown in Idaho. "We would take the children to the mall to visit Santa. While there, we would also ride on the train and carousel and stop at Five Guys on the way home for a treat. At home, we would chop down a tree from our yard to decorate. We also make homemade cookies shaped like snowflakes and reindeers. A few of those cookies are always left for Santa with some milk!"

MERS

In Fiji, Christmas is not an integral part of the Hindu religion, according to **Prem Singh**. "Nevertheless, for my family back home, it has always been a time of merrymaking and fun. It is the festive time of the year where people of any race and color celebrate. During Christmas, we prepare our favorite meals goat curry and lovo have always been the highlights on our table. We also exchange gifts, eat Christmas fruit cakes, [drink] soft drinks, and [eat] canned fruits. Sounds un-

usual but true."





SEASON From Page 21

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desk. For more information call (670)237-5126/5156/5104.

As if Christmas shopping isn't hard enough, what about having to figure out what to eat when you've been preoccupied with wrapping gifts that you just bought? Eating at home with ready-to-eat meals is a viable option.

Let Shirley's Coffee Shop in Garapan and Susupe cater your Christmas party! Place your orders now. Shirley's also offers gift certificates worth \$10, \$20 and \$25, a perfect gift for everyone. For more information call (670)233-4519 (Garapan) and (670)235-5379 (Susupe).

Herman's Modern Bakery offers holiday dinner packages from Dec. 9 to Jan. 7 or while supplies last.

For only \$59.75, Package 1, includes a 9-12-lb ham, 2 lbs of mashed potatoes, 16 oz of gravy, one dozen dinner rolls and a loaf cake.

For only \$99.75, Package 2 includes a 17-20-lb smoked ham, 2 lbs of mashed potatoes, 16 oz gravy, one dozen dinner rolls, and a loaf cake.

For only \$60.75, Package 3 includes a 8-11-lb spiral ham, 2 lbs of mashed potatoes, 16 oz of gravy, one dozen dinner rolls, and a loaf cake.

For only \$91.75, Package 4 includes a 20-22-lb turkey, 2 lbs stuffing, 2 lbs mashed potatoes, 16 oz gravy, one dozen dinner rolls, and a loaf cake.

For only \$101.75, Package 5 includes 25-28 lbs of pork leg, 4 lbs of red rice, and two loaf cakes.

For only \$341.75, Package 6, includes a 19.50-22.50 lbs of prime rib, 2 lbs of mashed potatoes, 16 oz of gravy, one dozen dinner rolls, and 2lbs of fruit cake.

For only \$89.75, Package 7 includes a 7-9-lb boneless rib eye roll, 2 lbs of mashed potatoes, 16 oz gravy, one dozen dinner rolls, and two lbs fruit cake.

For only \$105.75, Combo Package 1 includes a 9-12-lb picnic ham, 12-14-lb turkey, 2 lbs stuffing, 2 lbs mashed potatoes, 16 oz gravy, one dozen dinner rolls, and a loaf cake.

For only \$71.75, Combo Package 2 includes 6-7-lb spiral ham, two 5.5-6-lb whole chicken, 2 lbs of mashed potatoes, 16 oz gravy, one dozen dinner rolls, and a loaf cake.

Herman's Modern Bakery also offers an a la carte menu, price ranges from \$7.75-\$115.75 and a side menu, price ranging from \$1.25-\$15.75. All dessert cakes are 10% off.

For more information call (670)234-1726. No phone call order(s) will be accepted, please place all orders at least 24 hours in advance. Cancellation less than 24 hours will not be accepted.

Pairing your favorite dishes with the Walle

By BEA CABRERA beacabrerasaipan@gmail.com

CORRESPONDENT

his Christmas, make space for Marpac Saipan's exciting wine offerings from WENTE Vineyards, whether something to serve for guests or something to give as presents.

To start off, it is good to know what kind of wine goes with what dish, as pairing your wine with the right dish is as much like love and marriage as it is also an art—it has to be the right combination so you enjoy every minute of it.

In the movie *French Kiss*, Meg Ryan's character described drinking wine as giving someone a "hint of sophistication and lacking in pretention." This is particularly true when drank moderately and responsibly. So in choosing the perfect WENTE Vineyards wine this season, be bold in your choices and may you create a match made in heaven.

Marpac resident manager Guy F. Pudney said these wines are available in almost all groceries on island, at all Joeten supermarkets, Ming Yang, Happy Market in As Lito, New XO, all Twins Markets, R&J Liquor Store, I love Saipan, Triple J Payless, at the Aqua Resort Club, at Salty's, Joe's Bar, Thai House, and Godfather's. For cheese and meat lovers (whether lamb, beef, chicken, or pork), **2016 WENTE Vineyards Cabernet Sauvignon** is the perfect match. This bottle is a great representation of a Livermore Valley Cabernet, evoking dark berries such as blackberry that's completed by pink peppercorn and a layer of cocoa dust. It is aged for 18 months in 40% new and 60% second- and third-use French oak barrels.

Experienced wine drinkers call it "Cab" for short. This wine has a velvety taste and would be great to drink immediately or stored in your cellar.



The 2014 WENTE Vineyards Sandstone Merlot is best paired with chicken and light meats and slightly spiced dark meats. This wine is also perfect on warm days or cold nights as every sip exhibits beautiful aromas of spiced cherry with a focus on dark fruits such as blueberry or boysenberry.

WENTE

Merlot is referred as "smooth and easy to drink" whether in big groups such as reunions or family gatherings or on intimate dates. The wine has been aged for 24 months in neutral French and Eastern European oak barrels. This wine can be taken indoors, dining al fresco style or while sitting on beach chairs watching the sun go down over Micro Beach.

Cooking meat, seafood dishes, pizza or pasta? **The 2015 WENTE Beyer Ranch Zinfandel** is the one to pick up from the store. This wine's top notes evoke luscious fruits such as red cherry, boysenberry and fig. It is aged in a combination of stainless steel tanks and neutral oak barrels.



WENTE

Went fishing and caught salmon for grilling? Fish and chicken are the perfect match for the **2017 Riva Ranch Vineyard Chardonnay.** The taste opens up layers of tropical fruit and toast, similar to grilled pineapple and graham cracker. This wine is aged for eight months where

the wine underwent 100% malolactic fermentation.



HYATT

YOUR FAMILY AND HOME, Celebrate the Holiday

@HYATT REGENCY SAIPAN

CHRISTMAS EVE DINNER

24 DECEMBER 2019, 6:00 PM through 9:00PM

Kili Café & Terrace Price: US\$65 per person US\$45 per person for Club at the Hyatt members

Miyako

For the authentic cultural dinner and atmosphere, celebrate your night before Christmas with an amazing dinner buffet at Miyako serving a rich variety of traditional Japanese cuisines. Price: US\$65 per person

US\$45 per person for Club at the Hyatt members

Giovanni's

Price: US\$85 per person US\$55 per person for Club at the Hyatt members As an added special offer, you can indulge in our free flowing beverage package for US\$12 per person for 2 hours. Selections of house wines, beer, soda and iced-tea.

Teppanyaki

Price: US\$120 per person Club at the Hyatt members welcome As an added special offer, you can indulge in our free flowing beverage package for US\$12 per person for 2 hours. Selections of house wines, beer, soda and iced-tea.

CHRISTMAS DAY BRUNCH

25 DECEMBER 2019, 10:30AM through 2:00PM

Giovanni's and Kili Café & Terrace Price: US\$65 per person US\$45 per person for Club at the Hyatt members

CHRISTMAS DAY DINNER

25 DECEMBER 2019, 6:00PM through 9:00PM

Kili Café & Terrace Price: US\$65 per person US\$45 per person for Club at the Hyatt members

Miyako Price: US\$48 per person Club at the Hyatt members welcome

Glovanni's Price: US\$85 per person US\$55 per person for Club at the Hyatt members As an added special offer, you can indulge in our free flowing beverage package for US\$12 per person for 2 hours. Selections of house wines, beer, soda and iced-tea.

Teppanyaki Price: US\$120 per person Club at the Hyatt members welcome As an added special offer, you can indulge in our free flowing beverage package for US\$12 per person for 2 hours. Selections of house wines, beer, soda and iced-tea.

NEW YEAR'S EVE DINNER

31 DECEMBER 2019, 6:00PM through 9:00PM

Kili Café & Terrace Price: US\$80 per person US\$60 per person for Club at the Hyatt members

Miyako

For that intimate New Year's Eve dining experience, celebrate and indulge in the delicious and authentic Japanese dinner buffet selections at Miyako. New Year's Eve authentic Japanese dinner buffet inclusive of sparkling wine, house selected beer, draft Chuhai and green tea. Price: US\$65 per person

US\$45 per person for Club at the Hyatt members

Giovanni's

Price: US\$85 per person US\$55 per person for Club at the Hyatt members As an added special offer, you can indulge in our free flowing beverage package for US\$12 per person for 2 hours. Selections of house wines, beer, soda and iced-tea.

Teppanyaki

Price: US\$120 per person Club at the Hyatt members welcome As an added special offer, you can indulge in our free flowing beverage package for US\$12 per person for 2 hours. Selections of house wines, beer, soda and iced-tea.

NEW YEAR'S DAY BRUNCH

01 JANUARY 2020, 10:30AM through 2:00PM

Kili Café & Terrace & Giovanni's Price: US\$65 per person US\$45 per person for Club at the Hyatt members

Miyako Authentic Japanese New Year's Brunch will be featuring New Year's Day Osechi cuisines. This delicious Miyako brunch is inclusive of free-flowing beer, sake and green tea. Price: US\$65 per person US\$45 per person for Club at the Hyatt members

RESERVATIONS HIGHLY RECOMMENDED. FOR MORE INFORMATION, PLEASE CALL +1 670 234 1234 EXT. 26