

COMMUNITY VULNERABILITY

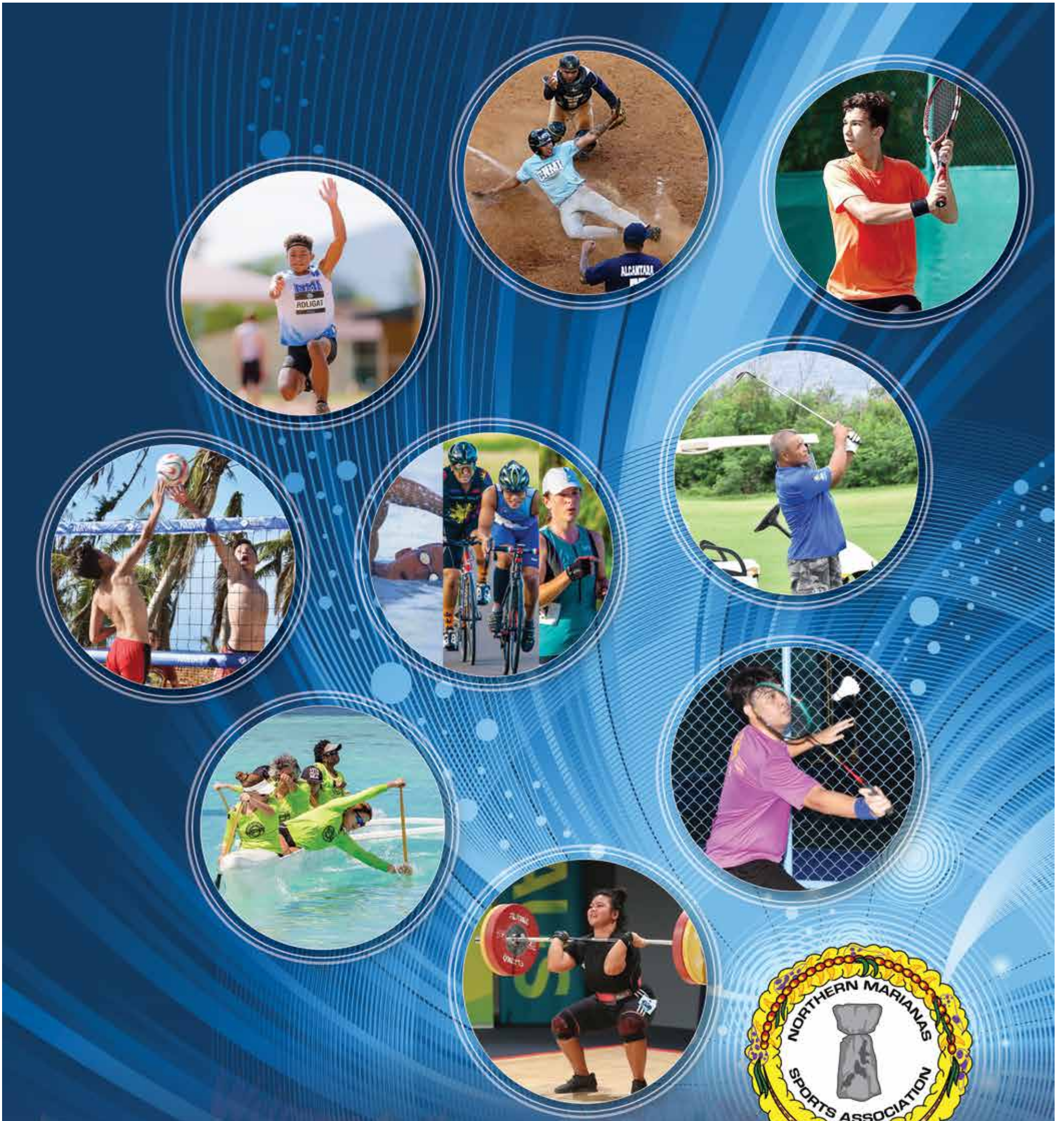
LEVEL GREEN

MOVING CLOSER TO NORMALCY



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COMMUNITY VULNERABILITY LEVEL GREEN MOVING CLOSER TO NORMALCY



Under Level Green, indoor/outdoor gatherings of 100% fully vaccinated individuals are permitted throughout the Commonwealth as long as the vaccination status of the persons involved are verified. BEA CABRERA

Level Green in the time of the COVID-19 pandemic

By BEA CABRERA
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CORRESPONDENT

After a year of being on Level Blue of the Community Vulnerability risk scale, which is one level higher than the safest level, the Office of the Governor lowered the CNMI's risk level to Green last week, which means the islands are at its lowest risk of COVID-19 community vulnerability.

According to the Office of the Governor announcement, Level Green corresponds to a COVID-19 Rating between 1.80 and 2.00 or greater. At this level, positive cases for COVID-19 and the risk to public health are low as long as points of entry mitigation continues as necessary.

Level Green in the CNMI means mitigation at points-of-entry is still intact; community vaccination rate is above 60%; fully vaccinated people are able to participate in indoor and outdoor activities; no more curfew; unvaccinated people should remain cautious; all businesses can accommodate 100% occupancy if vaccination is verifiable and, if not, 75%; and social distancing, wearing masks and washing hands are still advisable practices.

After 15 months of living through a pandemic and

adjusting to health requirements in order to be safe, Saipan Chamber of Commerce president and business owner Joe Guerrero welcomes with optimism and relief this latest development.

"This means that we are slowly opening up and with less restrictions on commercial activities. For some business owners, such as gas stations, restaurants, and retail stores, it means that their operations may continue 24 hours to cater to the needs of our people and tourists, especially the ones arriving or departing the CNMI in the late night or early morning hours," he said.

"As a business owner, it means that I can open later if needed to serve guests and as a business consultant, I sometimes need to report to the office to join a group conference call or work on tight project deadlines that sometimes require me to work past the 2am curfew hours. Lifting the curfew allows flexibility for those that do not work regular 8am to 5pm jobs, including our local commercial fishermen," he added.

Marcia E. Ayuyu, McDonald's Saipan owner/operator and former Rotary Club of Saipan president, said that the CNMI being under Level Green is the best news our community has received so far.

"As former Rotary Club
See LEVEL on Page 8

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By BEA CABRERA
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CORRESPONDENT

Personal/self-care establishments see the Green light

Now that the CNMI is under Level Green, personal or self-care establishments like Brabu Pharmacy, Gold's Gym, Natural Nail Spa, and Latte Gym are seeing this as a green light to expand the services they offer while still remaining vigilant when it comes to COVID-19 health and safety protocols.

BRABU PHARMACY LLC

According to Kanani Lee of Brabu Pharmacy LLC, they remain focused in their mission to provide medication and life-enhancing services.



BEA CABRERA

Brabu Pharmacy is located on Middle Road in Gualo Rai.

According to Kanani Lee of Brabu Pharmacy LLC, they remain focused in their mission to provide medication and life-enhancing services. "Under Level Green, we will continue to promote hygiene and safety to avoid any rise in community transmission." This means Brabu Pharmacy will continue to mandate masks and hand sanitizer use in all three locations—Gualo Rai, Kagman, and Mariana Heights, she said.

Lee said that part of Brabu's service to the community is they currently offer onsite vaccination for patients filling a vaccine prescription. "This is available at our main branch in Gualo Rai. ...Currently, we are in the process of becoming a COVID-19 vaccination site as well. Brabu Pharmacy's key role in the community is to provide safe, efficient medication and pharmaceutical services to the members of the CNMI, even as we ascend to Level Green."

"We have been in full operation since the pandemic was declared in the U.S. in March of 2020 and we must not forget the reason we are still safe here in the CNMI—please continue to prevent community transmission by getting vaccinated, wear a mask in public spaces, and wash your hands or use hand sanitizer. Stay Brabu (healthy or active) and make great decisions for your overall health and safety," Lee added.

GOLD'S GYM SAIPAN

Under Level Green, Gold's Gym Saipan will continue to conduct temperature checks and require people to wear masks, except when a person is fully vaccinated. In that case, wearing a mask is no longer needed; just present your COVID-19 vaccination card at the reception desk.

According to general manager Tyce Mister, this new level complement their mission, which is to "help people achieve their potential through fitness."

"I think exercise is always important for part of a balanced

healthy lifestyle. However, during the pandemic, it's even more important as exercise and a healthy lifestyle can help boost the immune system. ...Since going green, many of our members have verified their COVID-19 Vaccination Record Cards and are enjoying their workouts mask free. ...For those members that have chosen not to get vaccinated we appreciate their continued cooperation in wearing their masks and social distancing," he said.

...For those members that have chosen not to get vaccinated we appreciate their continued cooperation in wearing their masks and social distancing," he said.

"Our long-term members inspire me by their dedication and perseverance in making fitness a priority throughout this whole pandemic...and we keep our health and safety protocols in place. ...Members use disinfectant to clean their equipment as we have always done. Additionally, we are continuing with nightly sanitation after closing using our electrostatic sprayer," he added.



Gold's Gym in China Town.

KRIZEL TUAZON

"Good hygiene is at the top of our list. Even before the pandemic, Natural Nail Spa was already providing a clean, safe, and relaxing environment. We have a daily and weekly routine to sanitize our equipment [and] surfaces and we monitor our facility to protect our customers and ensure that our employ-

Natural Nail Spa

According to Natural Nail Spa owner Rhea Backe, Level Green is a signal that the CNMI community is entering into some form of normalcy. "Which is an opportunity for us to operate our business at ease. ...At Natural Nail Spa, we will continue our safety efforts that includes sanitizing and wearing a mask to ensure everyone is safe. We still require our employees to wear a mask when providing services. Customers are recommended to wear a mask as well. However, we will trust our clients if they opt not wear a mask, especially if they're vaccinated and has no fever," she said.

"We will begin to grow back the membership we had pre-COVID19. ...We are not changing much because we would rather be overly sanitized than have a potential issue. We will still require individual spray bottles (full of disinfectant) and individual rags to wipe down equipment after use. Our staff will still mass sanitize our facilities multiple times per day and will still require temperature checks upon entry," he said.

ees work in a safe environment," she added.

Backe said they welcome both vaccinated and unvaccinated customers.

"For unvaccinated clients, I'm sure they're not ready to take the risk, but for those who have received the vaccine, they may be comfortable being out in the open. We are accommodating at 100% capacity but we prefer clients to make an appointment in advance, especially on holiday and weekends. We still take customer's temperatures and have them sign-in as well."



CONTRIBUTED PHOTO

Natural Nail Spa is located across Bank of Hawaii on Middle Road.

"Part of our services is to provide self-care and beauty maintenance. Self-care is so important because it boosts our self-esteem and lowers our risk of catching a disease. ...Whether you need a new look, [indulge in] 'me' time, or for any reason to relax, Natural Nail Spa is here for you," she added.

Natural Nail Spa is located across Bank of Hawaii on Middle Road, Gualo Rai.

LATTE BUILT GYM

Level Green means going back to business as usual for Latte Built Gym, which has branches in Oleai and Kagman, according to owner Derek Cutting.



CONTRIBUTED PHOTO

Latte Built Gym is open 24/7 with branches in Oleai and Kagman.

"The changes that I think most members want, however, are the freedom to train without a mask on. ...Members can now show us their vaccination cards and will no longer need to wear a mask while training. Those who have not been vaccinated will still need to wear a mask and all will still need to [maintain] social distancing parameters," he added.

Latte Buily Gym adheres to 100% capacity that is allowed under Level Green. "...The great thing about being open 24/7 is that all members don't have to come in during rush hour (4pm - 7pm). This organically keeps our occupancy at no more than 50% throughout the day and night," Cutting added.

"Staying healthy throughout one's life is important, regardless of a global pandemic. However, this COVID-19 pandemic has proven that weak immune systems have a lot of trouble fighting the virus. Working out and eating clean and nutritious foods are two of the easiest ways to fight off any disease. Think about living a 'preventative lifestyle' versus a potentially expensive and deadly 'reactive lifestyle,'" he added.

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By BEA CABRERA
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CORRESPONDENT

Like all other schools in the CNMI, Grace Christian Academy on Navy Hill faced the challenge of seeing through the education of children amid the COVID-19 pandemic, but managed to make it by strictly following the health protocols mandated by the government and health agencies.

That compliance with health protocols while educating its students with an excellent education that is rooted in a biblical foundation has allowed the school to make it through the school year with flying colors. And now that the CNMI has been placed at Level Green, which is the safest level in the five-color Community Vulnerability Scale, GCA hopes it will manage to maintain that level so that all its grade levels will have in-person instruction in the new school year.

"Our classes went online at the time when our community was in lockdown. However, as soon as we were permitted, we opened our doors for face-to-face instruction. ...GCA has worked closely with the COVID-19 Task Force and has been very diligent in following all necessary guidelines



For 35 years now, Grace Christian Academy has been one of the prestigious private schools on Saipan.

CONTRIBUTED PHOTO

'Daily in-person instruction possible if we remain at Level Green'

engage the mind in its search for truth, develop Godly character formed by biblical principles, and nurture a love for God and humanity. Our programs puts emphasis on academic excellence through proven teaching methods and a constant search for improvement," she said.

"We realize the differences in innate abilities and encourage the students to perform to their maximum potential, that is why character training is another emphasis, with obedience that come from the heart. This eventually cultivates inner self-discipline, which is essential to the emotional, physical, and spiritual wellbeing of the students. Students are also taught that all people are God's creation and are to be loved and accepted without regard to outward differences, as well as encouraged to understand and appreciate cultural differences amongst themselves and in our community as a whole," she added.

and protocols," said principal Beth A. Nunez, M.A.

"We have even gone above and beyond the required protocols to make sure to provide a safe learning environment for our students. ...We are hopeful that our community will remain under Green Level so when we start the new school year, all our grade levels will have face-to-face instruction daily," Nunez added.

Nunez said that, as a edu-

cational institution that plays a big responsibility in the community, GCA is glad that

"We thank Gov. Ralph [DLG] Torres, [Commonwealth Healthcare Corp. CEO] Esther

and all our leaders who have worked hard to keep our community safe. Most importantly, we thank God for his hand of protection on us all," she said, adding that GCA intends to maintain the health and safety protocols as required.

GCA was established in 1986 by Rev. Raymond Kinsella.

According to Nunez, GCA strive to develop the whole child through strong Christian education. "We seek to

'...We are hopeful that our community will remain under Green Level so when we start the new school year, all our grade levels will have face-to-face instruction daily'

government and healthcare leaders are working hard to keep people in the CNMI safe.

Muna, COVID-19 Task Force chair Warren Villagomez, the entire COVID-19 Task Force,

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Grace Christian Academy is located on Upper Navy Hill. For more information, please call 322-3320/3850 or set up an appointment to visit the school

By **BEA CABRERA**
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CORRESPONDENT

Restaurants revives pre-pandemic practices—with some changes

“Yes, we are open.” What a big difference this four-word sentence makes amid the COVID-19 pandemic.

“Yes, we are open to serve you.”
“Yes, we are open to satisfy your need for food or drink.”

“Yes we are open for business.”
Music to the ears for those who have seen their movements restricted for more than a year due to the pandemic. This slow progression to some form of normalcy is how it is supposed to be.

Since the COVID-19 Task Force declared CNMI under Level Green last week—which means a low risk of COVID-19 infection—many restaurants were empowered to revert back to familiar practices and service but with some small changes that still prioritizes the health and safety of every customer.

‘Same, same but different’

True blue buffet is back on weekends at the Hyatt Regency Saipan, where you can approach every food station to get dishes with your own hands—just like pre-pandemic times. The difference is, food stations are protected by plexiglass and each customer must wear disposable plastic gloves and both are in place to maintain health and safety protocols.

“It took time but with the recent developments, we were able to communicate with the authorities and got a full inspection. Now customers can self-serve, get as many or as little as they want on their plate and that is the exciting part about buffets,” said Hyatt executive sous chef Zen Tomokane.

“...It has been over a year that we missed having self-serve buffet style at the Hyatt. ...We still have unlimited offerings where food was brought to customer’s table but we know buffet style is really the island style, especially when celebrating special occasions. We have always wanted to bring self-serve buffet but [to do it safely]. ...After getting accreditation from the COVID-19 Task Force, [Commonwealth Healthcare Corp.], Bureau of Environmental Health, etc. we were given clearance. ...We did this concept for Father’s Day. ...This is all possible



Food service stations at the Hyatt Regency Saipan’s Giovanni’s Restaurant is covered by plexiglass to maximize health and safety of both employees and customers.

BEA CABRERA



Expect a variety of food at the Hyatt Regency Saipan’s lunch and dinner buffets on the weekend featuring Kevin’s vegetable farm roll for health buffs that is made up of local vegetables.

BEA CABRERA

because of the hard work that these agencies put in to help businesses like the Hyatt,” he added.

Upon entry, customers are still asked to wear masks, log in their names, phone numbers, and body temperature, and sanitize their hands. Social distancing is still in place. That is why instead of 100% capacity, Hyatt is implementing 75%.

Every Wednesday and Thursday at Kili Cafe, the Miyako set or Japanese cuisine unlimited lunch set menu is from 11:30am to 2pm and Miyako set or Japanese cuisine unlimited dinner set menu is from

6pm to 9pm. Skipper’s Beach Bar opens from 4:30pm to 8:30pm.

For buffet weekends, plastic gloves are used one time per trip to the food stations and more are available at the start of the buffet rows. On Friday and Saturday, Kili Café/Giovanni’s Lunch Buffet is from 11:30am to 2:pm and Kili Café/Giovanni’s Dinner Buffet is from 6pm to 9pm. Skipper’s Beach Bar is open from 4:30pm to 8:30pm.

On Sundays, Kili Café/Giovanni’s Brunch with unlimited champagne awaits you from 10:30am to 2pm and Kili Café/Giovanni’s Ala Carte menu is available from 6pm to 9pm.

Skipper’s Beach Bar is open from noon to 8:30pm.

Tomokane assures that the buffet and ala carte menus will always have top-notch quality because they are always served fresh. He also stressed that the menu will always be rotating and calls it an “organic menu” where they change the array of food as the seasons changes, de-

pending on what’s fresh and what’s available. “...We will maximize use of local products and vegetables, incorporating that into our appetizers. ... We are introducing a coconut green soup that has no cream... and main entrees that will represent dishes from around the world. ...At the salad bar, there is a variety of protein alternatives,...so the vegetarian and healthy options are there and we are excited to see how the market will respond to that,” he said.

“We will be introducing many new taste and flavors like our Asian-style cold turkey roast that will be available on the hunter’s table or carving station. ...The pork shabu shabu and warm bread pudding will be staples at the dinner buffet. The pork shabu shabu comes with three delectable sauces that allows you to season the dish in accordance to your taste. ...The bread pudding is kept warm and partnered with the Tennessee whiskey honey caramel that will make your dessert enjoyable,” he added.

Lunch and dinner buffet on Friday, Saturday and Sunday is \$43 per person and \$25 for Club at the Hyatt members. A set price is available for unlimited lunch and dinner set menu during Wednesday and Thursday. For more information, call (670) 234-1234 or visit their website: saipan.regency.hyatt.com.

Grandvrio’s Dolphin Restaurant reopens

Grandvrio Resort Saipan closed its hotel operations, including food and beverage service, on March 29 last year when the COVID-19 virus was declared a pandemic. Food and Beverage manager Hongguo Li said it was a tough journey for them. Now that conditions are getting better in the CNMI, opening Dol-

See **PRACTICES** on Page 8



Beginning today, Dolphin Restaurant at the penthouse of Grandvrio Resort Hotel is open for lunch from 11:30am to 2pm Friday, Saturday, and Sunday.

BEA CABRERA



Grandvrio Resort Hotel food and beverage manager Hongguo Li is excited to see regular and new customers at Dolphin Restaurant’s opening today.

BEA CABRERA

PRACTICES

From Page 7

phin Restaurant starting today, July 2, comes at the right time.

"We were already making plans to reopen Dolphin Restaurant and the declaration last week that CNMI is now under Level Green came as a bonus. ... We have three restaurants at the hotel but we are opening Dolphin Restaurant first because many of our regular customers have been asking for it. ... When we have tourists back, then we will plan to open the other restaurants," he said.

"I have received phone calls from people asking when are we opening and some are already trying to make reservations. It is heart-breaking to tell them we are not in operation yet but now that we are opening again, we are excited to see regular and new customers," he added.

Dolphin Restaurant is at the penthouse of Grandvrio Resort Hotel in Garapan, where guests can enjoy the view of the turquoise ocean and delight at the sight of huge ships stationed outside the Saipan lagoon. "For now, Dolphin Restaurant will be open Friday, Saturday, and Sunday for lunch only from 11:30am to 2pm. We have been waiting for this moment for a long time and we will serve lunch only until conditions become better during the pandemic," he said.

"We serve Japanese food and most of the items on the menu will be the same as before—the popular dishes that customers love. ... The pricing is still reasonable and we didn't want to increase our prices so much because we know the situation of the community on Saipan. Most do not have steady incomes or jobs. With our dishes still affordable, we want everyone to come and enjoy their old favorites," he added.

For only \$18, the Chef Special Lunch includes Salmon Fish and Spare Ribs and comes with salad, soup of the day, rice, and dessert. For only \$15, Special Lunch Bento includes Hamburger steak and chicken teriyaki. They also have an ala carte menu that includes Beef Short Ribs set (\$15), Katsu Curry set (\$15), and Katsu Ju set (\$13). Japanese noodles is never far away with their hot/cold udon with tempura for only \$12 and shrimp and vegetables tempura set for only \$15.

Li said that health and safety protocols are in place starting at the

hotel lobby. "Guests of Dolphin Restaurant will be asked to log in their names, have their temperatures taken, asked to wear masks, and observe social distancing. When they go up to the 10th floor, hand sanitizing stations are available to keep their hands clean. ... Originally we could sit 72 persons in the restaurant but, since we implement social distancing, we will accommodate 50 people at one time in the restaurant.

"We also accept celebrations for special occasions or company meetings. ... We commend the government and COVID19 Task Force for working with us so that we can reopen. Everybody is working hard and we are ready at Dolphin Restaurant to see familiar faces and give them the service and care that they missed and they can only find at Dolphin Restaurant," he added.

Dolphin Restaurant of Grandvrio Resort Hotel is open for lunch from 11:30am to 2pm on Friday, Saturday and Sunday. For reservations, call (670)234-6495 or (670) 237-2527 or email:hongguoli@grandvrio-saipan.com.

Special events and celebrations are back at JC Café Tinian

JC Café on Tinian is a destination in itself. Established in 1991, it is always welcoming. Their array of dishes is a mix of Chamorro, Japanese, Korean, and Filipino menus that will satisfy your thirst for local flavor and taste.

One will never get enough of their 'Orig' Buttered Fried Chicken. This dish is so popular that people from Saipan and Rota order them in trays and pay for its shipment. "We have never changed. ... We have always maintained a friendly, family-

oriented atmosphere, always serve good food and our restaurant is also known for highlighting local artwork that tells the island's rich history displayed on our walls. Every time you visit Tinian and come to JC Cafe, you will feel the Chamorro hospitality our island can give. Our specialties include red rice, the famous Buttered Chicken, and island dishes such as Local Beef Tinala and coco pickles. ... Customers can also instruct the servers if they have special dietary requirements," said general manager Lot Bunao.

"When the pandemic hit, we closed for two weeks and, after the governor announced that establishments like us can open at reduced hours, we did that. ... Even though we are now on Level Green, we are still very careful and still follow the hygiene protocols," Bunao added.

JC Café now accommodates indoor and outdoor special events like weddings, christenings, birthday parties, etc. "We also do event planning like wedding proposals and anniversaries, with romantic dinner set-up at the beach side. ... Last week, we organized the wedding anniversary of Chris and Rowena Cook at the Tahogna Beach. ... We made everything special...to achieve the perfect wedding anniversary ambiance. ... Now that we are on Level Green, we are looking forward to making more special events come true," she said.

"We are also proud to be a long-time member of the Marianas Visitor's Authority and part of the Hafa Adai Tirow Pledge. It is really important to show that JC Cafe is always participating, supporting and promoting the CNMI cultures, history, music, tradition and, most

of all, the beauty and cleanliness of our island. Our involvement to help Tinian and other islands in the CNMI will be there all the time," she added.

For more information, call (670) 433-3413 or cellphone (670) 285-3413 or (670) 783-3413.

Eats Easy continues to conquer your hunger

Eats Easy opened business at the start of the pandemic and quickly became a welcome alternative for people who opted to stay home for safety reasons and order food. At the same time, they helped restaurants continue running and cater to customers' needs by bringing food to them. According to company president Clint Albert, they will stick to what works, even during Level Green.

"We are not making any changes for now in terms of delivery standard operating procedures. We are sticking to our strict protocols to ensure everyone's safety. Even though the Level Green is a sign of great things to come, it is still not a guarantee that things will be back to normal. Conditions may change in an instant but we remain hopeful and positive," he said.

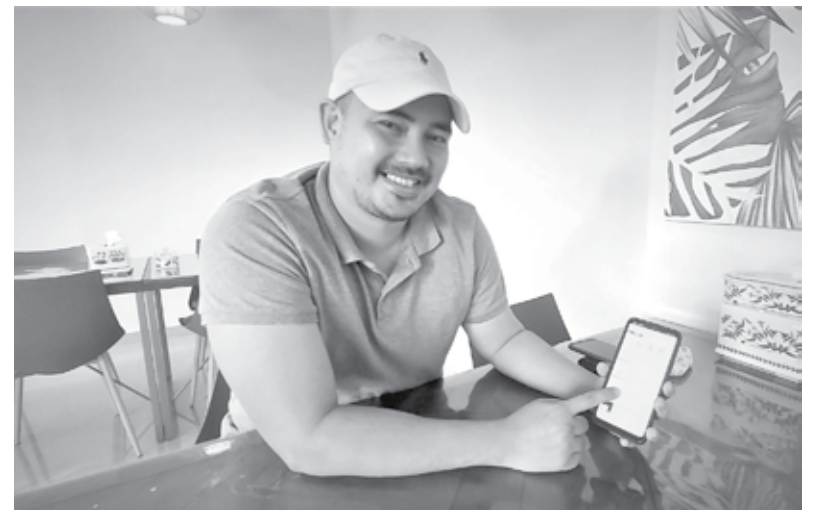
"We thank the government for doing a great job in controlling the pandemic and possible spread to the islands. We also thank the community for being united in following protocols to ensure everyone's safety. ... Even though we are at Level Green, we should remain vigilant in protecting ourselves, our family, and the people around us. At Eats Easy, we will maintain all our delivery procedures and protocols daily from 9am to 8pm for everyone's safety," he added.



Level Green has allowed JC Cafe to open up its services for indoor and outdoor functions complete with organizing, decorating, and catering. This was a wedding anniversary set up done at Tahogna Beach on Tinian. CONTRIBUTED PHOTO



JC Cafe set up the special celebration of Cris and Rowena Cook's fourth anniversary. "Now that we are at Level Green, we can do more service for JC Cafe customers," said JC Café manager Lot Bunao. CONTRIBUTED PHOTO



Eats Easy president Clint Albert says the company continues to provide service and ensures health and safety measures are in place when delivering food. BEA CABRERA

LEVEL

From Page 3

president, I am happy to hear this because it has been over a year that we have missed seeing some members who have not come to our meetings because they are worried about their health and staying home is the safest thing to do and that is understandable," she said. "As a business owner, this means we're almost back to normal. ... People can go around and, most importantly is, we are able to start receiving tourists once again and while they are here, they know it is safe. Our McDonald's customers can start com-

ing into the restaurant to sit down and enjoy having a meeting. ... We are still going to continue to practice safety protocols and encourage people to sanitize their hands. This is a new way of doing business, keeping everybody health and with safety in mind. I also encourage the community to go out and get vaccinated so we can all be safe and back to our normal way of life," she added.

For IT&E general manager Rose A. Soledad, the CNMI advancing to Level Green means progress. "It means that the safeguards we have in place and the vaccination efforts that we are doing is working. We should continue to move in this direction so that we are closer to reviving our economy and

have more opportunities to resurrect our workforce," she said.

Travis Jones, owner of the Last Shot Bar in San Antonio, said that Level Green means the mood in the community has lightened a bit and people are coming in with smiles. "Everybody is excited to see the light at the end of the tunnel. I was only staying open until midnight but have changed my hours to be open until 2am at the request of our customers," he said.

"I have had a couple people at the bar since we transitioned to Level Green that haven't been out since COVID began and I believe that some who have stayed to themselves over the last year will start

having family functions and social gatherings once again. I am hopeful for business meetings and mixers to be starting up in person," he added.

Businessman Ivan Ilmov commends the COVID-19 Task Force for a job well done. "This is huge for me personally because I have three children and, as a father, you are always on your toes to keep them safe and healthy. I also hope Level Green will give more opportunities for children to go back to face-to-face classes and socialize because this is important to their development and growth, especially for the younger ones. As a businessman, this will make projects easy to achieve or finish, now that people are not afraid

to go out anymore," he said.

Bank of Saipan president and CEO John Z. Arroyo said that businesses will be frequented more because the limited occupancy has been lifted. "We will also see improvements economically. At the bank, we won't be limited by the number of customers coming in and again have the ability to do or participate in more functions and offer more functions where people can gather in one place. ... With restrictions reduced, this opens doors for businesses to entertain more of their customers, hopefully like the pre-pandemic levels, as far allowing more customers to utilize our services at any time," he added.

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TSL SPORTS COMPLEX

FOR:

- BOYS & GIRLS U8, U10, and U12 (Futsal)
- BOYS & GIRLS 8 to 18 Age Group (Badminton)
- BOYS & GIRLS 10 to 12 Age Group (Basketball)
- BOYS & GIRLS 10 to 12 Age Group (Volleyball)

PARTICIPANTS WILL GET:

- FREE** Registration
- FREE** Event Shirt
- Lots of individual and team skills and fun drills and games

HOW TO SIGN UP:

Send email to christy_villaflor@saipansoccerschool.org or call 235-0560 extension 156

Filled out registration and waiver forms
Pre-register on or before July 6, 2021
(Open for first 30 registrants per sport)



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JOIN NOW!
PLAY, STAY ACTIVE, HAVE FUN