

Stumped for ideas on what to do this Valentine's Day. Saipan Tribune gives a rundown of all things Valentine's Day-related so you don't have to worry your head about a thing.

Joeten Shopping Center is your one stop shop for great deals on gifts and grocery items to whip up a romantic meal at home. They will be having a Valentine's Day Weekend Sale from Feb. 12 through 14. Enjoy 25% off on ladies' dresses and blouses, men's shirt and pants, electrical appliances, and shoes and sandals. Other items like cosmetics, candies, and chocolates for the holiday are 20% off. Joeten Shopping Center also has discounts on their wine, beer, chicken, pork spareribs and baby back ribs, smoked ham, butane gas, and other market items. Visit Joeten'

s four branches in Susupe, Garapan, Dandan, and Kagman.

For more information, call (670) 234-6446/48.

Docomo Pacific CNMI is offering a deal you can't refuse. Get two months free internet, Apple AirPods pro, CIG DeskPod, and a bonus of basic installation when you bundle your home internet and mobile services with any iPhone 13 series on LINK starting at \$95 per month. This deal is available to new and existing customers. Get your loved ones a gift and get in on the savings Docomo is offering. Pair up to save up! Stop by their Gualo Rai branch today.

For more information, visit docomopacific.com or call (670) 488-CARE.

Love in all directions

Blossoms Floral is offering unlimited expressions for lasting impressions. Valentine's Day is not complete without flowers. To show your love and appreciation for your special someone, choose an arrangement of three, half dozen, or one dozen roses. They also offer gift baskets that could include chocolates, candies, stuffed animals, candles, hand soaps, lotion, and more.

Visit their Gualo Rai shop located on the 1st floor of J.E.T. Building or call (670) 235-2276/7372 for more information.

IT&E wants you to find true love with their iPhone deals. Enjoy savings on the iPhone 12 mini when you sign up for the Unlimited Plan on a 12-month term. Stay in touch with your loved ones through this small but mighty device. You are automatically entered to win a Roku Smart Soundbar or more amazing prizes when you purchase by Feb. 13. Their drawing will be held on Valentines Day and winners will be contacted directly. Don't miss this sweet deal and head down to their store at Chalan Laulau.

Visit their website, ite.net for more information.

Aqua Resort Club is the place you want to celebrate your love with a romantic dinner experience at Kevin's. Their dinner package includes the chef's five-course menu, exclusive seating at Kevin's, and a complimentary glass of sparkling wine. The special menu includes seared tuna with mango salsa, bisque cream soup, sweet pumpkin, homemade citrus sorbet, beef rib-eye, eggplant caponata, domino potato, and capped with a sweet treat, a valentine dark chocolate cake. This Valentine's Day dinner promo is available on Feb. 13 and 14 for only \$75 per person.

By ERICKA SANTIAGO
SALES ASSOCIATE

For reservations, call (670)322-1234 ext-731.

MG Mall has love and deals in the air. All items are on sale for 20% off from Feb. 11 to Feb. 16. Valentine's Day is not only for lovers, but for all those we love. The store has a variety of gift items for all ages. This includes humidifiers, flower balloons, ladies' bags, and more.

Visit their store in Chalan Piao located next to Hopwood Junior High school or call (670)235-0072.

To C.A.,
Happy Valentine's Day! Thank you for putting up with my annoying-ness. I love and appreciate you very much..
T.B.

To my lovely Christina,
The amount of times I have paused my anime for you is countless but my love for you is limitless. The love you give is more than anyone could ask for. Never doubt yourself because God knows how much love a person can give. always look up and keep on smiling. Happy Valentine's Day and I love you 4ever <3
From A.A.

To my Pangga Mike,
No matter the distance.
No matter the circumstance.
I choose you everyday.
Happy Valentine's Day! -N

Alma Famat (Mother Dearest),
If resilience can be a person, you'd be the exact person I would think of. I can never put it into words how strong you are ma and how you are still so full of love and joy. Regardless of the things we go through as a mother and daughter or financially, you never fail to show me the love and care you have for me. You aren't perfect, but that's what I love about you the most. You're imperfect but you're still the baddest :p ml love you forever!
- Your coolest daughter Ina!



Mahal "En-en" ng buhay ko,
No matter what I will always love you. No matter how hard the situation we have right now. Thank you for coming into my life. I will cherish every moment with you. Love you Mahal! - Mahal

Dear Luvs,
Thank you for being so patient and loving. I am forever grateful to be loved by you. With you, there is never a dull moment. Knowing you're around makes life a lot sweeter. Thank you for supporting my goals and reminding me that you're always proud of me. You are such a hard worker and know I'll always be rooting for you! Happy Valentine's Day, I love you! - Khristelle

To my Elaia,
Always remember that I am so thankful to God for giving me such a wonderful daughter. You're my everything, my love, and my life. Mama loves you so much!
It's me! Mama Ela

Dear Mom and Dad,
Thank you guys for everything that you do, and I appreciate all the hard work and love you give to me and the boys! Happy Valentine's Day, We love you.
- Vicente, Aiden, & Chance

Dear Icesac,
Thank you for all that you've done since we've been together. To this day I continue to admire you for the person you are. I love you forever. Happy Valentine's Day! From Patricia

To My Dearest Bestie,
With our Valentine's celebration a little bit delayed, I'd still like to thank you for being there for me through all the good and bad, even when you were miles away from home for quite a while and for being the most patient, protective, and supporting person that ever existed in my life. You deserve so much in this world, never forget that. I love you always and I'm proud of you in everything you do.

Your favorite hehe :)



To My Favorite Parskii,
Happy Valentines. Thank you for all you have done for me and all that you continue to do for us. The little things will always be big for me every time it comes from you. You're my best friend and my sweetest lover. I love you with all of me, and all of my heart! -Bear's Pops



Dear Mommy,
I will forever love you. You are my first love. You are the person that has my back and will love me under any circumstance. Happy valentine's day! You'll always be my valentine!
Love, Isaiah

To Ladyvir my Forever Love,
Happy Valentine's Day! I love you forever.
Thank you for everything!

From Jhun C.

To Benjamin Petersburg,
It is nice to know that at the end of the day someone loves us, appreciates us, supports us and respects us. Thank you for makin' us feel special every day and not just on Valentine's Day.
- Nola and the girls

Dear Vaniqa,
Happy Valentine's Day my love! You always seem to brighten up my day even though we don't get to see each other every day. I'm very thankful to have you in my life and I love and appreciate everything thing you do for me. Have an amazing day my love. <3 Love, Andrew

To my best friend and big brother in one (Boboy), I will never ever get tired of saying and sharing all the things you've taught me and reminding others that you raised me to be this inspiring or joyful person they all love. I mostly won't ever get tired of sharing how my big brother saved me. I would have never seen the more in life or my why, if you hadn't opened my eyes. You are my rock. And I could not express how much I love you. I deeply appreciate you bestie
Your soul sister, nina

To the best Momma Venus,
I love you to the moon and back! I appreciate all the things you do and god knows how much you put in for us. Happy Valentine's Day, stay beautiful and forever prosper!
- Aloy A.

What's your love language?

By IVA MAURIN
ivamaurin@gmail.com
CORRESPONDENT

Hearing the words “I love you” may be music to the ears but that’s not necessarily the only way love is conveyed. Are you frustrated because people around you just won’t say “I love you” to you? Did you even think that perhaps they just have a different love language?

What is that, you ask. At its core, it just means that we all give and receive love in different ways. Dr. Gary Chapman, in his over 35 years as a marriage counselor, has identified five love languages that people use to express their love the most—words of affirmation, quality time, receiving

Love is more than just saying ‘I love you’

gifts, acts of service, and physical touch.

Chapman authored the book, *The 5 Love Languages*, to help people effectively communicate love, explaining that “what makes one person feel loved will not make another person feel loved, and that people “must discover and speak each other’s love language.”

Your love language depends on your personality, so does your partner’s, or everyone else in your family or friend group. Love is about commitment and understanding, and to have these, you need to learn to communicate—a helpful first step is learning each other’s

love language.

The 5 Love Languages

1. Words of Affirmation.

If your loved ones’ love language is “words of affirmation,” compliments and saying “I love you” or “Hu guaiya hao” to them will make them feel most cherished. People who have this love language get a high when hearing—or even reading (especially now, with the digital age!) words that show how



IVA MAURIN

If your loved one’s love language is “words of affirmation,” express how much you love them by telling them that you do. Sending them text messages, letters, or cards expressing how much you appreciate them and how much they mean the world to you would make their heart flutter.

much you appreciate them, what you love about them, and how you value being with them. On the other hand, insults can hurt and break their hearts so be mindful of the words you say around them, just as you would with others.

Know a loved one whose love language is “words of affirmation”? Go ahead and tell them (even via text!) how much you do. Say and mean phrases like, “I appreciate and love you,” “I believe in you. You got this!”, “You are absolutely glowing at the beach,” or “You are my role model.” A love letter will go a really long way to keep them inspired and in love.

2. Quality Time.

If your loved ones’ love language is “quality time,” what they will most appreciate is your undivided time and attention. This means being present when you are with them—and not be constantly checking your phone, watching



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Stop checking your phone and give your loved one your undivided attention if their love language is “quality time.”

something on TV, listening to music, or tinkering with your gadgets when with them. Make them feel loved by cutting off all these “distractions” and listening fully to what they say, or simply just being with them fully. Postponing dates
See LANGUAGE on Next Page

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Know a loved one whose love language is “quality time”? Go ahead and spend a day together just lounging by Micro Beach or at the Eloy S. Inos Peace Park, or even just at home, and truly listen to what they have to say, fully committing to doing what they want to do with you.

If your loved ones' love language is "receiving gifts," well-thought-of gifts and gestures will make their hearts happier. Be aware that this is not about being materialistic, but rather more of the thought-process that went behind giving the gift or on doing something for someone. Neither is it also about how big or expensive the gift is but the meaning—and the effort—behind the gift or the gesture. Also



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make sure to not miss their birthdays or anniversary!

Know a loved one whose love language is “receiving gifts”? If you know they love flowers, why don't you pick up plumerias even from your garden and randomly surprise your loved one with it? Know they love coffee? Perhaps get them a cute coffee mug or a gift card from their favorite café on island. They want a special dish? Why not cook it from scratch and surprise them with it?

If your loved ones' love language is "acts of service," the best thing to make them feel appreciated is to go out of your way and make things a little easy for them. Someone who has this for a love language wants more than just



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“lip service” and would be happier with little random acts from you, because that would mean to them that you have thought about what they really need, and have given them time and effort.

Know a loved one whose love language is “acts of service”? Perhaps, your partner has been overburdened with caring for your children and has no more energy and time to do other chores. Happily doing the laundry, preparing the meal, or washing the dishes could make your partner feel loved. Your parents love to garden? Why don’t you volunteer to bushwhack or rake, or trim or compost? The key here is to be happy to do things

If your loved ones' love language is "physical touch," they are at their happiest when you are intimate with them. As a partner, this does not necessarily mean being erotic, but rather more on feeling safe and connected when held, touched, or kissed—of course all with consent. Touch and physical intimacy is important and better appreciated than gifts or verbal expressions of love. Someone whose love language is "physical touch" would love you to be physically present or accessible.



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Wondering if “quality time” is your primary love language? If you are curious to know what yours is, find out at <https://www.5lovelanguages.com/quizzes/love-language>.

Know a loved one whose love language is “physical touch”? Make them feel loved by hugging and kissing them, or plainly just being around them. When you are out and about, hold their hand. When you are at a party, make sure they to not leave them all alone, or at least make sure they can easily access you if they need to. Express love through thoughtful touches and through your presence.

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Valentine's Day is not just for couples but for everyone you love—including yourself. Also, it is not the only thing being celebrated on Feb. 14. There's a growing movement of people celebrating the International Quirkyalone Day which



CONTRIBUTED PHOTO

What cooler way to celebrate being happily single on Valentine's Day than gathering all your single friends and throwing a party!

is about all kinds of love, like self-love.

On your own this year? Here are a few ways to enjoy Feb. 14:

1. Throw a party. What cooler way to celebrate being happily single on Val-

Eight ways to enjoy Feb. 14 on your own

entine's Day than gathering all your single friends and throwing a party! Get together and celebrate your awesome, beautiful, talented selves. Rent one of those B&Bs, lounge by the pool, host a game night, jam like a rock star, rent a tent by Micro Beach, sing your hearts out at a karaoke bar, or munch on some popcorns while having an at-home movie marathon. Cheers to friendship!

2. Earn cash. Aside from the fact that Feb. 14 falls on a Mon-



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Earn money! Baby sit for couples who are looking to spend some time away from their children this Valentine's Day.

day this year (a work day for most people), you may be able to earn extra cash by babysitting for couples who are looking to spend time away from their children to go on a date. You could also take advantage of what talent you may have. Know how to play the ukulele? Offer services to play some love songs for a private date. Know how to paint? Organize a special "love-themed" paint class on Valentine's Day.

3. Pamper yourself. You've been working hard, giving all your energy to others year-round, so why not dedicate Valentine's Day to giving back to yourself and loving yourself more? Been longing to get a haircut, have a mani-pedi, or a makeover? Do it. Book a spa, schedule a massage, and have the ultimate rest day. Unplug and have a social media detox. Catch up on sleep. Be good at loving yourself.



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Pamper yourself and get that makeover or spa therapy you have been wanting to have for the longest.

4. Volunteer. You have a lot of love to give so share them by spending time with, or doing things for others. Spread love by volunteering! Reach out to the Man'Amko Center, at the American Memorial Park, or at Saipan Cares for Animals, and see if there is anything you can help them with. There are many charity groups and non-profit organizations on island that will surely welcome all the care and love you can offer. You'll never know how far and impactful your love can do to those who need it the most.

5. Learn something new. Have you been wanting to learn how to cook a fancy dish, or how to bake a cake? Watch some recipe and "how to" videos on YouTube, make sure to get all that you need (ingredients and tools), and start cooking for one—or for your friends and family! Your newfound talent might even lead to something bigger, like a side hustle and make life even grander for you in the years to come.



IVA MAURIN

Been wanting to know how to turn all those bananas into cake? Learn something new like baking this Valentine's Day.

6. Declutter. Just as one does not really need a partner to celebrate Valentine's Day, why not check your house for anything that you no longer, or do not really need? Take a look at your closet and see if you have clothes, shoes, or accessories that no longer make you happy, and donate or sell them.



IVA MAURIN

Out with the old, in with the new. This Valentine's Day, check your closet and get rid of stuff that no longer makes you happy.

Check your cupboards and fridge, see if there are things that are already way expired and throw them away! Out with the old and the excess to make room for an even better life ahead.

7. Explore the island. If you haven't done it yet, why not play "tourist" on Valentine's Day? Check out all the "destina-

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It's a date!

By **IVA MAURIN**
ivamaurin@gmail.com
CORRESPONDENT

Elevate Valentine's Day with meals you're sure to love

One of the sweetest things you can do for someone you love is to cook for them, so make this Valentine's Day even more special by going all out and creating simple (but definitely fancy!) dishes—à la chef!

Kensington executive chef Simon Sungchul Moon shares two easy-to-make Valentine's Day recipes that will surely delight your loved one. These dishes are simple yet presentable, with hints of color that will carry the Valentine's spirit to the palate.

As a bonus, Kensington pastry chef Sungwon Hong also shares his soft and moist fondant chocolate recipe, because what's Valentine's Day without some chocolate. Top it all with good quality wine.

"Valentine's Day is meant to be very special. It is the time of the year that you spend with your loved one," Moon told Saipan Tribune. "I want everyone on the island to have a good time, and to spend even more time with your loved ones with good food. Use this time to share warm words and love messages for each other, and to cook for each other more."

Surprise your sweetheart with your cooking. Better yet, have a kitchen date together! Ready to cook? Here are the recipes:

“
Use your
own creativity.
There is no
one answer
when it comes
to food.”

MARPAC'S SUGGESTION



Pair with Rota Sweet Potato Soup

A rich, decadent take on a timeless varietal. Butterkissed Chardonnay has a smooth, creamy mouthfeel, with luscious buttery notes and hints of vanilla, white peach and citrus zest.

MARPAC'S SUGGESTION



Pair with Butter Lobster with Crispy Quinoa Salad

Crafted with fine bubbles that dance on the palate, Cupcake Vineyards' Sparkling Rosé wine has delightful flavors of fresh raspberry, wild strawberry and mandarin orange with subtle floral notes.

MARPAC'S SUGGESTION



Pair with Chocolate Fondant

This rich, silky red blend has notes of cherry, blackberry, chocolate and mocha that fill the palate, while soft hints of vanilla and toasted oak lead to an intense and lengthy finish.

Starter:

Rota Sweet Potato Soup

Ingredients:

300g Rota sweet potato
100g white onion
100g butter
150ml cream

100ml Milk
50g sugar
30g salt

1. Remove the sweet potato skin.
2. Chop into pieces.
3. Slice the onions.
4. Put butter in a pan and sauté sweet potato and onion until the onion is browned.
5. Pour 50ml milk and 50ml cream onto the sautéed sweet potato and onion.
6. Boil until ingredients are fully cooked and soft.
7. Pour everything in the blender and puree.
8. For garnish, julienne (cut into thin pieces) a sweet potato and deep-fry them. (You can bake them in the oven or fry in air fryer instead.)
9. Add milk, cream, sugar, and salt. Place the deep-fried sweet potato on top of the sweet potato/onion puree.



Main Course:

Butter Lobster with Crispy Quinoa Salad

Ingredients:

1 lobster tail
Half avocado
100g quinoa
30g red onion
30g raisin
30ml olive oil
20ml pickle juice (100ml water, 50ml
100g sugar, 10g salt, 30g pickling spice)
5g salt
5g black pepper
50ml Orange juice
30g butter

1. Remove the skin of the lobster and blanch it in boiling water. (When water is being boiled, add onion, carrot, and whole pepper.)
2. Cool the blanched lobster and then cut it into bite-size pieces.
3. Put butter in a pan and fry the lobster pieces. Set aside
4. Cook quinoa in boiling water. Once it is cooked, deep fry half of the cooked quinoa.
5. Mix the deep-fried quinoa with the rest of quinoa. Set aside.
6. Chop onions and raisins into tiny pieces.
7. Mix the cooked quinoa, chopped onions, raisins and pickle juice, olive oil, salt, black pepper in a bowl.
8. Simmer orange juice until it is boiled down to half its original amount. When it is about a half, turn off the heat and add the butter.
9. In a serving plate, put the quinoa salad at the bottom layer and place the lobster on top of it. Pour orange butter sauce over arrangement.
10. You can add garnish such as fresh leaves, flying fish roe (Tobikos), and others, not only to make it more presentable but also to give it extra texture.



Note: Lobster can be replaced with meat or tofu, depending on your loved one's dietary preferences.

Dessert:

Chocolate Fondant for Valentine's Day

Ingredients (makes 5 small cups):

150g dark chocolate
50g butter
150g egg

45g sugar
35g cake flour

1. Melt the chocolate and butter together by using a microwave.
2. In a separate bowl, whisk eggs with sugar until it is well-mixed.
3. Add whisked eggs and sugar to melted chocolate and butter, and stir until well-mixed.
4. Sift the cake flour into the mixture and beat together until it is completely combined.
5. Cool the finished dough in the refrigerator for 30 minutes.
6. Use a piping bag or ice cream scoop to fill your small cup only 70% full.
7. Bake it in an oven at 180 degrees for 15 minutes.



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VOX POPULI: What does Valentine's Day mean to you?

By IVA MAURIN
ivamaurin@gmail.com
CORRESPONDENT

While Valentine's Day is usually meant a day to celebrate love, there are many others who see it as just another day, a Super Bowl day for football fans, or Quirkyalone Day for those who want to celebrate themselves. Your day, your celebration.

For this Vox Populi, we asked around what Valentine's Day is for some people on island. As a bonus, we also asked them how people can express love without actually saying "I love you."

"Valentine's Day is a day of awareness where we recognize what makes us human and alive—our emotions. It is a day we celebrate that part of our humanity. One can show love through the way they treat others, in action. A wise man once told me, you see a person's character through the things they do for people who can't do anything for them. To me, that's love."



Sablan

—Tyra Lyn Sablan



Caleon

"Love from my family means Valentine's Day is everyday for me. How can one express love? By giving them flowers, kissing, embracing and, most of all, spending time with them. Valentine's Day is special not only for couples and those who are in love. It is also for those who are busy and who have been forgotten. You can also express love and celebrate with friends and family. Show them how grateful and blessed you are to have them in your life. Valentine's is also an opportunity to pamper and care for your loved ones, so it is a great time to bring them to our salon here in Middle Road."

—Michelle Caleon, Perfect Image Beauty Salon



Staffler

"Valentine's Day means a day to share and be reminded of the people you love the most. Valentine's Day is for everyone! Moms, dads, cousins, grandparents, and children too! I have always loved that book about love languages because it's a perfect example of how we can share love without actually saying it. These range from acts of service, to praise, to physical touch to gifting, to spending quality time. We often will give love the way we want to receive it. I always seem to be drawn toward acts of service and quality time. When I love someone I will show it in those ways."

—Rep. Leila Staffler

"To me, Valentine's Day is the ultimate reminder to appreciate the love that we have and receive in our lives. Through this pandemic and all the hardships, we still have loved ones that continue to help us in our lives. Happy Valentine's Day to all those folks. Also, how can one best express love without saying "I love you"? We all know the saying, 'Actions speak louder than words' and showing someone that you love them does not only mean giving affection. It also includes being kind, respectful, understanding, and patient. But there are many other ways to express love, these are just a few."

—James Benavente

"My husband and I have made a point to NOT celebrate Valentine's Day. No cards, no chocolate, no flowers. Neither of us likes the idea of only a single day to make a point of showing how we feel. I'd rather have coffee made for me and a kiss on the way out the door on a random Tuesday than a special day once a year."

—Ali Nelson



Nelson



Ignacio

"Actually, everyday must be Valentine's Day. Seeing your partner, son or daughter is what makes it so special. A simple hug is more than enough to say I love you."

—Francis Ignacio

"For me, Valentine's Day is a day to reflect on those I love and to let them know how much I value them. A small act of kindness, like cooking their favorite meal or surprising them with their favorite candy—something to let them know I appreciate them. It's a chance to thank them for giving me the gift of loving them. I think the best way to express love without saying 'I love you' is to practice selfless acts of patience and kindness, especially during moments when they aren't acting very lovable!"

—Arron Danaher



Danaher



Santos

"Valentine's Day means appreciating and loving someone unconditionally, not for who he or she is but for what he or she is. One can best express love without saying 'I love you' by giving your utmost attention, and most of all, by respecting and caring for the person wholly."

—Sen. Teresita Santos

"Valentine's Day is a day to show your love to your families and friends. Every year, my mom sends me a Valentine's Day gift. Not necessarily that it is your husband/boyfriend or wife/girlfriend is the celebrant, but it's all the people who you feel you love. The best way to express love without saying 'I love you' is to spend time with your families and friends. Time is something that we can never take back and [it] feels so heartwarming when people take the time to greet you, meet with you, call you, or just be with you. That's most precious to me when it comes to showing a person that I love them."

—Zabrina Mae S. Cruz



Cruz

EIGHT

From Page 14



IVA MAURIN

Play tourist on Valentine's Day. Explore the islands and fall in love with the CNMI all over again.

great day to fall in love with the Marianas.

8. Write love letters. Make hearts happier through love letters. Let your family and friends know how much they mean to you by writing to them. Write about your favorite memories with them, remind them about something they said that made you feel loved, thank them for all that they do for you, and share some things you would love to do—or dream destinations you would love to visit—with them. Don't forget to write a love letter to yourself too. Write about all the great things you do, and all the sweet traits that make yourself you.

Being single does not mean you can't have fun on Valentine's Day. You may actually have way too much fun. So relax, enjoy, and celebrate yourself!



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SATURDAY, FEBRUARY 12 to MONDAY, FEBRUARY 14, 2022

US CHICKEN LEG QUARTERS 20#  \$13⁹⁹	US CHICKEN LEG QUARTERS 10# BAG  \$9⁹⁹	US PORK SPARERIBS 20#  \$26⁹⁹	US SMOKED PICNIC HAM  \$1⁹⁹ /lb.	SUMIRE CALROSE RICE 44#  \$24⁹⁹
ACE OF DIAMONDS TUNA 7oz  6 FOR \$9	HAWAIIAN SUN DRINKS 12pk  \$7⁹⁸	CORONA REGULAR BEER BOTTLE 12oz  2 FOR \$3	YELLOW TAIL WINE 750ml  \$11⁹⁹	JOETEN BUTANE GAS 4pk  \$21⁹⁹ /cs.

GROCERY / MARKET ITEMS

DUNCAN CAKE RED VELVET 15.25oz  \$2⁵⁹	EED GRAHAM CINNAMON 14.4oz  \$1⁹⁹	EED GRAHAM HONEY 14.4oz  \$1⁹⁹	HERSHEY BAKING CHIP SEMI SWEET 12oz  \$2⁹⁹	HERSHEY MILK CHOC CHIPS 11.5oz  \$2⁹⁹	MEZZETTA CHERRIES MARASCHNO 11oz  \$3⁹⁹	POST BANANA NUT CRUNCH 15.5oz  \$3⁹⁹
JOY ICE CREAM CONE CAKE CUP 12ct  \$1⁹⁹	LA FORTALEZA CORN TORTILLA 14oz  \$2⁷⁵	DAISY SOUR CREAM ORIGINAL 8oz  \$1⁶⁹ ea.	EED CORN ON COB 36oz  \$2²⁹	KRAFT COOL WHIP TOPPING 12oz  \$3³⁹	NZ FROZEN SALMON FILLET S-ON B/O /LB- \$13.75/lb  \$13⁷⁵ /lb.	PORK BABY BACKRIBS 1.75 UP VACUUM SEALED / LB  \$7⁹⁹ /lb.



HAPPY Valentine's DAY

ALL ITEMS

SALE 20% OFF

2022.02.11-2022.02.16





FLOWER BALLON **LADY BAG** **MOOD LIGHT**

670-235-0072 / Mon to Sun 10am - 8pm
Chalan Piao, Next to Hopwood Junior School

A Valentine's Day Family Food Fest

Here are some family favorites, courtesy of award-winning chef Samson Tan, who is the 2021 Taste of the Marianas winner.

Kadun Pika

3lbs stewing chicken, adobo cut
 1cup Yamasa soy sauce
 1cup freshly squeezed lemon juice
 1 pc. yellow onion sliced
 1 head garlic bulb crushed
 4 stalk lemon grass
 1 tsp ground black pepper
 8 pcs crushed finger chili
 1 pack achiote powder
 2 cups water



Tan

1. Combine all ingredients and marinate the chicken pieces for at least 30 minutes.
2. Sauté in a pan with oil, medium high heat until brown
3. Boil and cover in a pan with tight fitting lid.
4. Bake in a 350f oven for 90mins or a pressure cooker for 1hour.
5. Add one (1) can coconut milk and adjust the taste.

Note: Best with freshly cooked steamed rice and a glass of Chardonnay

Pan Seared New York Strip Steak

2 New York Strip Steak
 2 tbsp olive oil (extra virgin)
 3 cloves of garlic
 1 tbsp butter
 Salt and pepper
 Fresh herbs [preferably thyme and rosemary]



1. Generously season both sides of the steak with salt and pepper.
2. Heat the olive oil on your pan and place steak, garlic, and herbs.
3. Once one side of the steak gets brown or caramelized, turn it over to cook the other side.
4. Cook until brown then add butter. Wait for the butter to melt.
5. When plating, add the juices from the pan unto the steak, along with the herbs and garlic.
6. Salt and pepper to taste.



Blossoms

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Celebrate ALL the love this Valentine's Day!











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